



ABUSE/VIOLENCE – ADULTS

COUNSELLING, SUPPORT GROUPS AND PROGRAMS

BRAMPTON, CALEDON, MALTON

African Community Services of Peel 10 Gillingham Dr, Unit 308 Brampton, ON L6X 5A5 www.africancommunityservices.com	905-460-9514	Violence abuse and violence prevention program: Support to the African Canadian community to reduce violence against women through culturally sensitive and language specific services. Provides information and support on violence prevention, public education workshops/group discussions on relevant issues, supportive group and individual counseling, referrals and peer support services. Targeted groups are abused women and children or those who are at risk of being abused, men victims or perpetrators of abuse and violence, families living in abusive/violent relationships.
Assault Prevention Canada www.canada.ca/en/public-health/services/health-promotion/stop-family-violence.html	1-844-280-5020	Information on Protecting Yourself, Safety First, Safe Habits Test, Protecting Children and Bullying.
Assaulted Women's Helpline www.awhl.org	Crisis Line 416-863-0511 1-866-863-0511 TTY Line 1-866-863-7868	Anonymous, confidential 24-hour telephone service for women who have experienced any form of abuse. Provides crisis counselling, emotional support, safety planning, information and referral to emergency shelters, legal services, counsellors and community services, as well as culturally appropriate resources for abused women.

Bramalea Community Health Centre 40 Finchgate Blvd, Suite 224 Brampton, ON L6T 3J1 www.bramaleachc.ca	905-451-6959	Counselling and Community Support - Social Worker can offer counseling to registered clients to deal with woman abuse. Counselling offered on a one on one basis and in a group setting
Caledon/Dufferin Victim Service 18 Mill St Bolton, ON L7E 1C1 www.cdvs.ca	905-951-3838 Crisis 1-888-743-6496	Provides support for individuals affected by crime and tragic circumstance Offers a 24/7 on scene crisis intervention, addresses immediate safety concerns, community information sessions, practical assistance, needs assessment, development of personalized service plans, safety planning, the provision of information, referrals to counselling and relevant community and government support services and follow up contact Immediate financial support is also available to eligible victims of specific crimes through the Victim Quick Response Program Information about police and court procedure as well as court monitoring and accompaniment is available through our agency The services may be provided in person or by telephone
Canadian Centre for Abuse Awareness 9-1151 Gorham St Newmarket, ON L3Y8Y1 www.abusehurts.com	905-967-0687 1-800-379-8858	Programs and resources for victims and survivors of abuse * funds external programs and organizations in the same field
Catholic Crosscultural Services 8 Nelson St W, Unit 302 Brampton, ON L6X 5A5 3660 Hurontario St, 7th Fl Mississauga, ON L5B 3C4 www.ccspeel.org	905-457-7740 905-273-4140	Women Support Services Confidential counselling services to assist newcomer women and their children who have, or are, experiencing domestic abuse Short-term, goal focused counselling including the development of transition and safety strategies and information on your rights and options Crisis and support counselling to assist individuals seeking immediate assistance Linking women to appropriate services in the community that address legal, housing, financial and long term counselling needs

Catholic Family Services of Peel- Dufferin- Brampton Office 60 West Dr, Suite 201 Brampton, ON L6T 3T6 Caledon Office 18 King Side Rd E, Unit D8 Bolton, ON L7E 1E8 www.cfspd.com	Intake 905-450-1608 ext 112	Comprehensive services to families experiencing abuse - support groups and individual and family counselling Counselling programs Individual, couple and family program Program for domestic violence Adults who have experience childhood abuse Partner assault response (PAR) Safer families Abuse prevention
Chrysalis Anti-Human Trafficking Network Hotline www.chrysalisnetwork.org	1-866-528-7109	Telephone counselling and support by trained volunteer trauma counsellors Canada's only national human trafficking hotline, which provides trauma counselling, referrals, and safety planning to workers in the commercial sex industry.
Crime Stoppers - Peel 7750 Hurontario St Brampton, ON L6V 3W6 www.peelcrimestoppers.ca	905-453-3311 ext 4876 1-800-222-TIPS(8477)	Anonymous tip line for information on crimes from the public * partnership of the public, police and media, with staff provided by Peel Regional Police Used to report anonymous information through either a secure tips line or submit a tip via the web at www.peelcrimestoppers.ca and "SUBMIT A TIP" or text tip using 274637 (CRIMES). Do not give information if you are a victim. Do not include information that only you and you alone know. Remember: Crime Stoppers is not the police or first responders. If it is an emergency, call 911
Criminal Injuries Compensation Board 655 Bay St, 14th Floor Toronto, Ontario M7A 2A3 www.cicb.gov.on.ca	416-326-2900 1-800-372-7463	The CICB assesses and awards financial compensation for victims and family members of deceased victims of violent crimes committed in Ontario. The CICB can compensate victims for pain and suffering, loss of income, treatment expenses, funeral expenses and other costs that result from being a victim of the crime. The CICB is committed to the principles of the Victims' Bill of Rights, 1995, which states that all victims should be treated with courtesy, compassion and respect for their personal dignity and privacy. The CICB does not provide emergency services to victims of crime.

Criminal Injuries Compensation Board (Contd)		<ul style="list-style-type: none"> •If you or someone you know is in immediate danger, call 9-1-1. •To find out about services for victims in your area, call the Victim Support Line anytime at 1-888-579-2888 or 416-314-2447 or search the Victims Services Directory. <p>Victims may also qualify for assistance from other government programs such as the Financial Assistance for Families of Homicide Victims or the Victim Quick Response Program.</p>
Family Services of Peel 7700 Hurontario St, Suite 601 Brampton, ON L6Y 4M3 33 King St W Bolton ON, L7E 1C7 151 City Centre Dr, Suite 501 Mississauga, ON L5B 1M7 www.fspeel.org	Intake 905-453-5775 Brampton 905-270-2869 Bolton 905-450-1608 1-888-940-0584 Mississauga 905-270-2250	<p>One-to-one counselling, therapy groups, education and support services are offered to:</p> <p>Children who have either experienced or witnessed violence</p> <p>Women who have experienced domestic violence/abuse</p> <p>Men who have experienced early childhood abuse</p> <p>Men and women who have been charged with domestic assault</p> <p>Seniors who have been or currently are being exploited, abused and/or are experiencing various types of challenges and struggles</p> <p>Families that are involved with Peel Children's Aid Society</p> <p>Provide Immediate Intervention Services to ensure that there is immediate access to services for men, women and children who are experiencing/have experienced or have witnessed any form of emotional, psychological, financial, sexual, physical abuse, and any form of coercive control</p>
Family Transition Place Caledon Community Services 18 King St E, Bolton, ON L7E 1E8 www.familytransitionplace.ca	Help Line 519-941-4357 1-800-265-9178 Caledon 905-584-4357	<p>Counselling for sexual abuse/assault survivors. Counselling Programs & Services with: Daily 24 Hour Crisis / Info Line, Individual Counselling, Workshops for Women, Men's Support</p> <p>Family Transition Place does NOT provide on-line counselling.</p> <p>Main Office: 20 Bredin Pkwy Orangeville, ON L9W 4Z9</p> <p>Satellite Offices - Counselling at Mel Lloyd Centre 167 Centre Street, Shelburne, ON L0N 1S1</p>

Fem'aide Ligne de soutien pour femmes victimes de violence www.femaide.ca	1-877-336-2433	Provincial telephone helpline for French-speaking women dealing with violence, who have experienced violence in an intimate relationship and/or who have been sexually assaulted * provides free, anonymous and confidential support * information and referral to appropriate services
Four Corners Health Centre 7205 Goreway Dr. Mississauga, ON L4T 2T9 www.mymalton.ca	905-677-9599	Counselling and Community Supports The Social Worker offers counselling to registered clients, to deal with woman abuse, relationship issues
Hope 24/7 10 Gillingham Dr, Suite 305 Brampton, ON L6X 5A5 www.hope247.ca	905-792-0821 Crisis: 1-800-810-0180	Trauma intervention to people 12 years of age and older, specializing in professional supports related to relationship and sexual violence Services available include: one-on-one/family/couple psychotherapy * psychoeducational workshops * psychotherapeutic groups * crisis line/online crisis chat and more Delivers prevention and outreach programming, primarily through regional elementary and high schools
Horizon Counselling Consulting and Training (HCCT) 37 George St. N Suite 205 Brampton, ON L6X 1R5	416-994-2455 Crisis	Provide home visits, one on one sessions, group sessions, life skills supporting programs and provide follow up communication with clients. Anger Management Program 8 sessions or 8 weeks 1 hour sessions - Done in office or offered as home visits. First Time Young Fathering Program 6 week - 12 hour program Peer to Peer 10 week - 20 hour program Men & women who have experiences current and historical abuse. (Sexual or Physical) Ages served: 15 years and up
ICNA Relief Canada - Muslim Family Services 6120 Montvideo Rd, Unit 4 Mississauga, ON L5N 3W5 www.icnareliefcanada.ca	905-997-8777 ext 245 Crisis: 905-997-8777 ext 241 or 221	Multi-cultural agency - provides individual/family counseling, intervention, information and referral. Raises awareness regarding vital issues such as parenting, domestic violence, elder abuse, provides food bank for needy families

Indus Community Services 21 Regan Rd, Unit H and I Brampton, ON L7A 1C5 3038 Hurontario St, Suite 206 Mississauga, ON L5B 3B9 www.induscs.ca	905-459-4776 905-275-2369	ACES Program for Women (Advocacy, Counselling, Empowerment & Safety) Provides culturally responsive counselling to victims of domestic/family violence and abuse, and personalized strategies to help promote healthy relationships and wellness in the victim and their family
Interim Place Mississauga, ON www.interimplace.com	905-403-9691 ext 2221 1-855-676-8515 Crisis 905-403-0864	Provides support in the following areas: supportive counselling, support groups, advocacy, accompaniment, information and/or assistance on financial, legal and housing.
Malton Neighbourhood Services 3540 Morning Star Dr Mississauga, ON L4T 1Y2 www.mnsinfo.org	905-677-6270	Women's Abuse Support Referral and supportive services for women and children who have experienced abuse
Muslim Community Services Civic Centre 150 Central Park Dr, Suite 304 Brampton, ON L6T 2T9 www.muslimcommunity.org	Brampton North 905-790-1910 Brampton South 905-790-8482 Mississauga 905-828-2001	Violence Against Women Program Holistic approach towards family violence * includes crisis counselling, creative safety plan, emotional support and information referral * group services or one-on-one if required
Oasis Centre des Femmes 150 Main St N Brampton, ON L6V 1M0 www.oasisfemmes.org	905-454-3332 Crisis Line daily 1-877-336-2433	Delivers free and confidential services to Francophone women (16 yrs and over) in the Peel-Halton area, offers counselling services, transitional support and education, awareness programs, provincial support line which is confidential and open for French speaking women (16 yrs and over) who have experienced violence, provides crisis intervention, referrals to community resources

<p>Ontario. Ministry of Attorney General Program and Services of Victims of Crime Ministry of Attorney General Program and Services of Victims of Crime (Contd)</p> <p>www.attorneygeneral.jus.gov.on.ca/english/ovss/programs.php#domestic</p>	<p>Victim Support Line: 1-888-579-2888 416-314-2447</p>	<p>For information about programs and services for victims of crime and their families, follow the links below.</p> <p>Support services for victims and families of victims:</p> <ul style="list-style-type: none"> • Domestic Violence Court Program • Family Court Support Worker Program • Help for child victims • Internet Child Exploitation Counselling Program • Legal Services • Partner Assault Response Programs • Male Victims - Support services for male survivors of sexual abuse • Sexual Assault/Rape Crisis Centres • Victim Crisis Assistance Ontario • Victim/Witness Assistance Program • Free Legal Support for Human Trafficking Survivors <p>Financial assistance programs for victims and families of victims:</p> <ul style="list-style-type: none"> • Criminal Injuries Compensation Board • Financial Assistance for Families of Homicide Victims Program • Victim Quick Response Program • Vulnerable Victims and Family Fund <p>Other initiatives for victims of crime:</p> <ul style="list-style-type: none"> • Human Trafficking - Online Training Initiative • Victim Services Awards of Distinction
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Ontario Provincial Police – Caledon Criminal Investigative Services 15924 Innis Lake Rd Caledon, ON L7C 2Z1 www.caledon.ca/en/live/oppcaledon.asp	905-584-2241 Non-emergency call across Ontario 1-888-310-1122	Works to serve and protect the residents of the Town of Caledon Crime Unit * Criminal Investigative Services * Sexual Assault Team * HEAT Team (High Enforcement Action Team) * Handles break and enters and drug investigations
Peel Regional Police 7750 Hurontario St Brampton, ON L6V 3W6 www.peelpolice.ca	905-453-3311	Regional police service (operates out of five divisions), operates programs for family violence and elder abuse, Special Victims Unit (SVU) - formerly Child Abuse and Sexual Assault (CASA)
Punjabi Community Health Services (PCHS) 2980 Drew Rd S, Suite 241 Mississauga, ON L4T 1A5 www.pchs4u.com 135 McLaughlin Rd S Brampton, ON L6Y 2C8	905-790-0808 905-790-0802 905-790-0808	Psycho-educational group program for South Asian women provides •long-term support to women and children experiencing life's challenge •works closely with men and children and provides holistic care to the entire family Sahara Men's Group address substance abuse and violence behaviour issues This 16 weeks program runs on Saturdays at the Brampton location
Salvation Army Honeychurch Family Life Resource Centre 535 Main St N Brampton, ON L6X 3C9 www.flrc.ca	905-451-4115	Provides services for abused women and children, emergency shelter, counseling, practical information and assistance
South Asian Community Health Services (SACHS) 26 Linden Cres Brampton, ON L6S 4A2 www.sachservices.net	647-718-0786	Programs for South Asian men, women, seniors and youth and other communities focused on health education and promotion, mental health, addiction and other related services Programs for Violence, Domestic Violence and Anger Management - Individual Counselling, Group Counselling , Outreach, Prevention Programs, Stress Management programs, PAR (Partner Assault Response) program for domestic violence, Programs for clients mandated by the legal

South Asian Community Health Services (SACHS) (Contd)		system to get treatment for issues such as driving under the influence of alcohol/drugs (DUI), violence, domestic violence, anger management etc. Women's Program - Educational and life skills programs, programs for victims of domestic violence, support for women experiencing problems due to substance abuse/mental health issues in the family
Safe Centre of Peel (SCOP) William G Davis Centre for Families 60 West Dr Brampton, ON L6R 3T6 www.scopeel.org	905-450-4650	Collaborative assistance for victims of violence and abuse: crisis intervention, counselling, safety planning,
Distress Centres of Greater Toronto www.dcoft.com	289-569-1200 Crisis/Help Lines Mississauga/Brampton on 905-459-7777 Caledon 1-877-298-5444	Help Line: English Help Lines: 24/7 Multilingual Distress Lines: Mon-Fri 10 am-10 pm, offered in Punjabi, Hindi, Urdu, Spanish, Portuguese, Cantonese and Mandarin For individuals over 18 years going through a difficult situation or in need of listening support and/or experiencing mental or physical health issues, social isolation, loss of someone, relationship problems, stress, crisis, or abuse or just having difficulties coping in life
The Family Enhancement Centre 2250 Bovaird Dr E, Suite 302 Brampton, ON L6R 0W3	903-799-2228	A mental health agency dedicated to helping people maintain a state of wellness for themselves and their families; improve and learn new strategies for dealing with difficult times and recover from serious setbacks and traumas in their lives. Offering individual, couple, family counselling and therapy, Workshops on anger management, parenting with divorce and other specific issues. Services are available in English, French, Spanish, Hindi, Punjabi, Urdu, Arabic and Cantonese.
The Thoughts-Psychotherapy and Counselling Services 1332 Khalsa Dr, Unit 8 Mississauga, ON www.thethoughts.ca	905-230-0629	Assists individuals, couples and families to resolve problems that affect their day-to-day lives within the context of their families, communities and workplaces. Also, help identify the source of stress or difficulty, make assessments, mediate between conflicts, offer treatment through psychotherapy and counselling, help people of all age groups to develop coping skills and find effective solutions to their problems. Confidential Assessment and Treatment available for Domestic Abuse and Violence

<p>Trillium Health Partners Queensway Health Centre 100 Queensway W Mississauga, ON L5B 1B8 trilliumhealthpartners.ca/patientservices/womens/p...</p>	<p>Medical and Follow up Services 905-848-7580 ext 2548</p>	<p>Regional Sexual Assault and Domestic Violence Services located at Trillium Health Centre Emergency Department-help individuals who have been sexually assaulted or have been victims of domestic violence within the Peel Region (Mississauga, Brampton and Caledon area). Help is for:</p> <ul style="list-style-type: none"> • individuals 12 years of age or older who have been recently sexually assaulted (usually within the last 168 hours (7days)). • individuals 16 years of age or older who have incurred recent injuries as a result of domestic violence • children under the age of 12 who require care, assessment and or documentation as a result of sexual assault/abuse <p>Clients may access this daily 24-hour Through Mississauga Hospital Client may access daily 24 hour following services:</p> <ul style="list-style-type: none"> • Medical and Follow up Services Clients are taken to a safe, private, secure unit called Chantel's Place. A specially-trained nurse provides one-to-one care, which may include: <ul style="list-style-type: none"> • assessment • treatment • documentation of injuries (with an option of photographing injuries) • safety planning • emotional support • information concerning medical, legal and counseling options <p>Language interpreters are available, if required.</p> <ul style="list-style-type: none"> • Follow-up Medical Services The Follow-Up Clinic provides survivors of sexual assault and domestic violence with an opportunity to receive a range of medical services that may include: <ul style="list-style-type: none"> • Re-documentation of injuries • Care related to medication and/or results of testing • Referral to social service agencies
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<p>Trillium Health Partners (Contd)</p>	<p>Counselling Services: 905 848 7689</p>	<ul style="list-style-type: none"> • Counselling Services Provide free counseling to individuals who have been referred through our medical service. Counselling services are available at the Credit Valley Hospital site and the Mississauga Hospital site • Community Partners Provide client advocacy, public and professional training and education. In partnership with other community agencies, hospital work towards providing survivors with a seamless service by our active membership on two coordinating committees, Peel Committee on Sexual Assault and Peel Committee Against Woman Abuse. <p>Mississauga Hospital's Sexual Assault and Domestic Violence Services is one of 35 hospital based programs in Ontario. For more information about our network and services available throughout the province, please visit the Ontario Network of Sexual Assault /Domestic Violence Treatment Centre's website at www.satcontario.com</p> <ul style="list-style-type: none"> • Sexual Assault and Domestic Violence - Referral Agencies Clients may be referred to other agencies. These may include: Safe Centre of Peel contact: 905-450-4650 The Transitional Housing and Support Program contact: 905-676-0257. Peel Regional Police - Special Victims' Unit contact: 905-453-3311 ext. 3460. <p>Peel Regional Police - Domestic/Family Violence Bureau contact: 905-453-3311 ext 3614.</p> <p>EveryMind - Mental Health Services provides treatment for children who have been sexually abused. Referrals to the Sexual Abuse Treatment Program can be made through Centralized Intake 905-451-4655. EveryMind also provides the Child Witness Program for children up to age 18 who may need to testify in court. Referrals to this program can also be made through Centralized Intake.</p>
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<p>United Achievers 36 Queen St E, Lower Level Brampton, ON L6V 1A2 www.unitedachievers.org</p>	<p>905-455-6789 ext 23</p>	<p>Serving the African Caribbean community - provides culturally sensitive preventive social programs, support, resources, education and training. Offer education and support to women who have experienced domestic (violence by family members and/or intimate partners) and sexual violence (by family members and or non-family members)</p> <p>Fresh Start for Women - A prevention program with one-on-one supportive counseling - - advocacy, accompaniment, telephone crisis intervention, support groups, transitional housing, information and referrals, support group meetings, court accompaniment (e.g. shelter, court and social services)</p>
<p>Victims of Violence Canadian Centre for Missing Children 117 Centreponte Dr, Suite 340 Ottawa, ON K2G 5X3 www.victimsofviolence.on.ca</p>	<p>613-233-0052 1-888-606-0000</p>	<p>Dedicated to the prevention of crimes against children. Provides support and referrals to victims of violent crime.</p> <p>Programs and services include: public awareness about crimes against children: Canadian Centre for Missing Children, a clearinghouse for information on missing children (and adults); support and assistance for victims of violent crime; and public education.</p> <p>Provides service to all of Canada</p>
<p>Victim Services of Peel 7750 Hurontario St Brampton, ON L6V 3W6 www.vspeel.org</p>	<p>905-568-8800 Crisis line: 905-568-1068</p>	<p>Immediate crisis intervention and other related services to persons victimized by crime or tragic circumstance.</p> <p>Services include:</p> <p>Crisis Intervention - short term counselling; attendance; resources, education, advocacy, community help program (REACH)</p> <p>Community Information Sessions - program provided at the request of community organization, school, police services or religious institution to raise awareness about the available support services for victims of crime and tragic circumstances in Peel Region.</p> <p>Court Advocacy South Asian Family Enrichment Transitional and Housing Support Victim Quick Response</p>