



## ABUSE/VIOLENCE – ADULTS

### COUNSELLING, SUPPORT GROUPS AND PROGRAMS

### WOODBIDGE

<b>Assault Prevention Canada</b> <a href="http://www.canada.ca/en/public-health/services/health-promotion/stop-family-violence.html">www.canada.ca/en/public-health/services/health-promotion/stop-family-violence.html</a>	<b>1-844-280-5020</b>	Information on Protecting Yourself, Safety First, Safe Habits Test, Protecting Children and Bullying.
<b>Assaulted Women's Helpline</b> <a href="http://www.awhl.org">www.awhl.org</a>	<b>Crisis Line</b> <b>416-863-0511</b> <b>1-866-863-0511</b> <b>TTY Line</b> <b>1-866-863-7868</b>	Anonymous, confidential 24-hour telephone service for women who have experienced any form of abuse. Provides crisis counselling, emotional support, safety planning, information and referral to emergency shelters, legal services, counsellors and community services, as well as culturally appropriate resources for abused women.
<b>Canadian Centre for Abuse Awareness</b> 9-1151 Gorham St Newmarket, ON L3Y8Y1 <a href="http://www.abusehurts.com">www.abusehurts.com</a>	<b>905-967-0687</b> <b>1-800-379-8858</b>	Programs and resources for victims and survivors of abuse * funds external programs and organizations in the same field

<b>Cedar Centre</b> 17705 Leslie St, Suite 12 Newmarket, ON L3Y 3E3 <a href="http://www.cedarcentre.ca">www.cedarcentre.ca</a>	<b>905-853-3040</b> <b>1-800-263-2240</b>	<b>York Region Abuse Program</b> Provides individual and group therapy to children, adolescents, and adults * services are offered to those who are differently-abled, lesbian, bisexual, transgender, two spirit, and heterosexual from all social, economic, racial, ethnic, and religious backgrounds who have experienced childhood sexual abuse or childhood interpersonal trauma (including physical and emotional abuse, witnessing violence, and neglect) Adult Program  <b>The Adult Program</b> provides intake, assessment, psycho-educational groups and, if indicated, 48 consecutive weeks (max.) of trauma-specific therapy to youth over the age of 18 years and adults who have experienced childhood interpersonal abuse-related trauma
<b>Chrysalis Anti-Human Trafficking Network</b> Hotline <a href="http://www.chrysalisnetwork.org">www.chrysalisnetwork.org</a>	<b>1-866-528-7109</b>	Telephone counselling and support by trained volunteer trauma counsellors Canada's only national human trafficking hotline, which provides trauma counselling, referrals, and safety planning to workers in the commercial sex industry.
<b>Crime Stoppers</b> <a href="http://www.ontariocrimestoppers.com">www.ontariocrimestoppers.com</a>	<b>1-800-222-TIPS(8477)</b>	Crime Stoppers is a partnership of the public, police and media which provides the community with a proactive Program to anonymously assist in solving crime
<b>Family Services York Region</b> 18-10610 Bayview Ave Richmond Hill, ON L4C3N8 <a href="http://www.fsyr.ca">www.fsyr.ca</a>	<b>905-883-6572</b> <b>1-888-223-3999</b>	Offers affordable professional counselling to help individuals, couples and families to cope with stress in their home and work lives, separation, loss or divorce, intimacy issues, family conflict, violence and abuse, depression
<b>Fem'aide</b> Ligne de soutien pour femmes victimes de violence <a href="http://www.femaide.ca">www.femaide.ca</a>	<b>1-877-336-2433</b>	Provincial telephone helpline for French-speaking women dealing with violence, who have experienced violence in an intimate relationship and/or who have been sexually assaulted * provides free, anonymous and confidential support * information and referral to appropriate services

<b>Jewish Family and Child York Region Branch</b> 9600 Bathurst St, Suite 242 Vaughan, ON L6A 3Z8 <a href="http://www.jfandcs.com">www.jfandcs.com</a>	<b>905-882-2331</b> <b>Central Intake</b> <b>416-638-7800</b>	Provides individual, group and family counseling services to the entire community
<b>Mackenzie Health Domestic Abuse and Sexual Assault (DASA)</b> 10 Trench St Richmond Hill, ON L4C 4Z3 <a href="http://www.mackenziehealth.ca">www.mackenziehealth.ca</a>	<b>905-883-1212</b> <b>Ext. 0</b> <b>Ask for DASA nurse</b>	<p>The DASA Care Centre of York Region provides free care for victims/survivors of domestic abuse and sexual assault including emergency care following abuse or an assault, examination, testing, follow-up care, counselling and many other services as needed</p> <p><b>Mackenzie Richmond Hill Hospital has a forensic nurse on call 24-hours a day for youth and adults who:</b></p> <ul style="list-style-type: none"> <li>• Have experienced a sexual assault within the past 12 days</li> <li>• Have been assaulted by a partner within the past two weeks</li> <li>• Or a child who has been or is suspected to have been sexually assaulted in the past 72 hours</li> </ul> <p><b>Options for Care Following an Assault:</b></p> <ul style="list-style-type: none"> <li>• Examination and treatment of injuries</li> <li>• Free testing and treatment of sexually transmitted infections</li> <li>• Free emergency contraception</li> <li>• Sexual assault forensic examination</li> <li>• Photographic documentation of injuries</li> <li>• Risk assessment, safety planning and link to other community services</li> </ul> <p><b>To Access Emergency DASA Services call or come to emergency</b></p>
<b>Oasis Centre Des Femmes</b> 465 Yonge St Toronto, ON M4Y 1X0 <a href="http://www.oasisfemmes.org">www.oasisfemmes.org</a>	<b>416-591-6565</b>	<p><b>Abuse issues, sexual assault and incest services</b> -- individual counselling * support and accompaniment * transitional support</p> <p><b>Awareness and prevention of violence against women</b> -- school and community workshops</p> <p><b>Community programs</b> -- for all francophone women * computer courses * sexual assault prevention in primary and secondary schools * prevention within the community * volunteer opportunities</p>

<b>Oasis Centre Des Femmes (Contd)</b>		For French speaking women 16 years and older, who are victims or survivors of domestic violence, sexual assault, incest or other forms of violence
<b>Ontario. Ministry of Attorney General</b> Program and Services of Victims of Crime <a href="http://www.attorneygeneral.jus.gov.on.ca/english/ovss/programs.php#domestic">www.attorneygeneral.jus.gov.on.ca/english/ovss/programs.php#domestic</a>	<b>Victim Support Line:</b> <b>1-888-579-2888</b> <b>416-314-2447</b>	For information about programs and services for victims of crime and their families, follow the links below  <b>Support services for victims and families of victims:</b> <ul style="list-style-type: none"> <li>• <a href="#">Domestic Violence Court Program</a></li> <li>• <a href="#">Family Court Support Worker Program</a></li> <li>• <a href="#">Help for child victims</a></li> <li>• <a href="#">Internet Child Exploitation Counselling Program</a></li> <li>• <a href="#">Legal Services</a></li> <li>• <a href="#">Partner Assault Response Programs</a></li> <li>• <a href="#">Male Victims - Support services for male survivors of sexual abuse</a></li> <li>• <a href="#">Sexual Assault/Rape Crisis Centres</a></li> <li>• <a href="#">Victim Crisis Assistance Ontario</a></li> <li>• <a href="#">Victim/Witness Assistance Program</a></li> <li>• <a href="#">Free Legal Support for Human Trafficking Survivors</a></li> </ul> <b>Financial assistance programs for victims and families of victims:</b> <ul style="list-style-type: none"> <li>• <a href="#">Criminal Injuries Compensation Board</a></li> <li>• <a href="#">Financial Assistance for Families of Homicide Victims Program</a></li> <li>• <a href="#">Victim Quick Response Program</a></li> <li>• <a href="#">Vulnerable Victims and Family Fund</a></li> </ul> <b>Other initiatives for victims of crime:</b> <ul style="list-style-type: none"> <li>• <a href="#">Human Trafficking - Online Training Initiative</a></li> <li>• <a href="#">Victim Services Awards of Distinction</a></li> </ul>

<b>Ontario Ministry of Community and Social Services - Central Region Office</b> 17310 Yonge St, Unit 1 Newmarket, ON L3Y 7R8 <a href="http://www.mcsc.gov.on.ca/en/mcsc/programs/community/help...">www.mcsc.gov.on.ca/en/mcsc/programs/community/help...</a>	<b>905-868-8900</b> <b>1-877-669-6658</b>	Daily 24 hour-Crisis counseling and referrals to shelters, legal advice and other help  Funds a range of community-based programs and services to help women and their children who are experiencing domestic abuse * Provide crisis helplines, safe shelter, crisis counselling and support, housing support, and transitional support services
<b>Victims of Violence Canadian Centre for Missing Children</b> 117 CentrepoinTE Dr, Suite 340 Ottawa, ON K2G 5X3 <a href="http://www.victimsofviolence.on.ca">www.victimsofviolence.on.ca</a>	<b>613-233-0052</b> <b>1-888-606-0000</b>	Dedicated to the prevention of crimes against children. Provides support and referrals to victims of violent crime  Programs and services include: public awareness about crimes against children: Canadian Centre for Missing Children, a clearinghouse for information on missing children (and adults); support and assistance for victims of violent crime; and public education.  Provides service to all of Canada
<b>Victim Services of York Region</b> 16775 Yonge St, Unit 200B Newmarket, ON L3Y 8J4 <a href="http://www.victimservices-york.org">www.victimservices-york.org</a>	<b>Crisis</b> <b>905-953-5363</b> <b>1-866-876-5423</b> <b>ext 6790</b>	On-site, short term, crisis and trauma services for victims of crime or sudden tragic event * emotional support * practical assistance * referrals to community resources for continued support Daily 24 hour crisis line
<b>Women's Centre of York Region</b> 120 Harry Walker Pkwy N Newmarket, ON L3Y 7B2 <a href="http://www.wcyr.ca">www.wcyr.ca</a>	<b>905-853-9270</b> <b>1-855-853-9270</b>	Services support women (and their children) who are survivor/victims of abuse provide * counselling and skills development programs and basic needs services to help women get their lives back
<b>Women's Support Network of York Region</b> 1110 Stellar, Unit 109 Newmarket, ON L3Y 7B7 <a href="http://www.womenssupportnetwork.ca">www.womenssupportnetwork.ca</a>	<b>Admin</b> <b>905-895-3646</b> <b>Crisis</b> <b>1-800-263-6734</b> <b>905-895-7313</b>	Provides feminist, client-centered, supportive, non-judgmental counselling to women who have experienced sexual violence * Counsellors support women regarding their issues, help women build on their own coping skills, and break the isolation of sexual violence Must be a female survivor of sexual violence 16 years or older

<b>Yellow Brick House</b> 4-52 West Beaver Creek Richmond Hill, ON L4B1L9 <a href="http://www.yellowbrickhouse.org">www.yellowbrickhouse.org</a>	<b>905-709-0900</b> <b>1-800-263-2231</b> <b>Crisis</b> <b>1-800-263-3247</b>	Provides legal information * supportive counselling * practical support to women age 16 and over who are in abusive relationships  For women aged 16 and over who are in abusive relationships with intimate partners or family within the last 6 months to a year
<b>York Regional Police</b> 8700 McCowan Rd Markham, ON L3P 3M2 <a href="http://www.police.york.on.ca">www.police.york.on.ca</a>	<b>905-895-1221</b> <b>1-866-876-5423</b>	Services include emergency response, law enforcement, public order, crime prevention and victim services