



## ABUSE/VIOLENCE – CHILDREN, YOUTH

### COUNSELLING, SUPPORT GROUPS AND PROGRAMS

### BRAMPTON, CALEDON, MALTON

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| <b>Abuse Hurts/Canadian Centre for Abuse Awareness</b><br>120 Harry Walker Pkwy N<br>Newmarket, ON L3Y 7B2<br><a href="https://abusehurts.ca/">https://abusehurts.ca/</a>                 | <b>905-272-4357</b><br><b>1-800-379-8858</b> | Programs and resources for victims and survivors of abuse * funds external programs and organizations in the same field   |
| <b>African Community Services of Peel</b><br>10 Gillingham Dr, Unit 308<br>Brampton, ON L6X 5A5<br><a href="http://www.africancommunityservices.com">www.africancommunityservices.com</a> | <b>905-460-9514</b>                          | <b>Violence Abuse and Prevention</b><br>The goal of the program is to reduce violence against women within the African Canadian community through culturally sensitive and language specific services. The program engages clients through providing information and support on violence prevention, public education workshops/group discussions on relevant issues, supportive group and individual counselling, referrals and peer support services. One of the target groups is children who have or are at risk of experiencing abuse or have witnessed abuse in their homes |
| <b>Assault Prevention Canada</b><br><a href="http://www.assaultpreventioncanada.com/">www.assaultpreventioncanada.com/</a>  | <b>905-381-0396</b>                          | <b>Information on Protecting Yourself</b> , Safety First, Safe Habits Test, Protecting Children and Bullying  |
| <b>Bramalea Community Health Centre</b><br>40 Finchgate Blvd, Suite 224<br>Brampton, ON L6T 3J1<br><a href="http://www.bramaleachc.ca">www.bramaleachc.ca</a>                             | <b>905-451-6959</b>                          | <b>Counselling and Community Support</b> - Social Worker can offer counseling to registered clients to deal with woman abuse. Counselling offered on a one on one basis and in a group setting  |

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| <b>Caledon Community Services</b><br>18 King St E<br>Bolton, ON L7E 1E8<br><a href="http://ccs4u.org">ccs4u.org</a>  | 289-966-1715<br>905-951-2300<br>905-584-2300   | Supportive counselling and a range of resources that target specific needs. Support services and resources that assist with family violence, parent/child conflicts   |
| <b>Caledon/Dufferin Victim Service</b><br>15924 Innis Lake Rd<br>Caledon E, ON L7C 2Z1<br><a href="http://www.cdvs.ca">www.cdvs.ca</a>   | 905-951-3838<br>1-888-743-6496   | <b>Provides support for individuals affected by crime and tragic circumstance</b><br><b>Offers a 24/7 on scene crisis intervention</b> , addresses immediate safety concerns, community information sessions, practical assistance, needs assessment, development of personalized service plans, safety planning, the provision of information, referrals to counselling and relevant community and government support services and follow up contact<br>The services may be provided in person or by telephone |
| <b>Canadian Human Trafficking Hotline</b>  | 437-993-7867<br>1-833-300-1010   | Confidential, multilingual <b>24 hour hotline</b> service connecting victims and survivors of human trafficking to social services, law enforcement and emergency services * referral directory available   |
| <b>Catholic Crosscultural Services</b><br>164 Queen St E, Suite 306<br>Brampton, ON L6V 1B4<br>3660 Hurontario St, 7th Fl<br>Mississauga, ON L5B 3C4<br><a href="http://www.cathcrosscultural.org">www.cathcrosscultural.org</a>   | 905-457-7740<br><br>905-273-4140   | Confidential counselling services to assist newcomer women and their children who have, or are, experiencing domestic abuse.<br>Provide individual and group services focused on assisting newcomer women to live without violence and improve their emotional well-being and healing<br>Offer short-term counselling, crisis counselling, linking women to appropriate resources that address legal, housing, financial and long term counselling needs  |
| <b>Catholic Family Services of Peel-Dufferin</b><br>60 West Dr, Suite 201<br><b>Brampton</b> , ON L6T 3T6<br>18 King Side Rd E, Unit D8<br><b>Bolton</b> , ON L7E 1E8<br>The Emerald Center<br>10 Kingsbridge Garden Cir, Suite 400<br><b>Mississauga</b> , ON L6X 5A5<br><a href="http://www.cfspd.com">www.cfspd.com</a> | <b>Intake for Peel, Orangeville, Bolton:</b><br>905-450-1608<br>Ext. 112<br><br>905-897-1644<br>Ext. 121 | Social service agency offering counselling, workshops and support groups to help people cope with personal and relationship challenges<br>Case workers provide centralized intake and assessments for:<br>• individual counselling and psychotherapy, family violence, family counselling and psychotherapy, wellness and support groups, safer families, couples counselling and psychotherapy<br>Walk in Counselling Clinics:<br>Mississauga: Tue 12:30-7:30pm / Brampton: Thu 12:30pm-7:30pm                 |

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| <b>Chrysalis Anti-Human Trafficking Network</b><br><a href="http://www.chrysalisnetwork.org">www.chrysalisnetwork.org</a>   | <b>1-866-528-7109</b>   | Telephone counselling and support by trained volunteer trauma counsellors<br>For victims of sex and labour trafficking/exploitation  |
| <b>EveryMind - Mental Health Services</b><br>85A Aventura Court<br>Mississauga, ON L5T 2Y6<br><a href="http://www.peelcc.org">www.peelcc.org</a>  | <b>Intake</b><br><b>905-451-4655</b><br><b>Crisis</b><br><b>416-410-8615</b>  | <b>The Sexual Abuse Treatment Program</b> - for sexually abused or assaulted children and their families * discuss treatment needs and how services can help * certain forms are filled out and professional staff will work with family to form a plan * counseling offered to the child * counseling is also offered to the family or group counseling * treatments used have been measured to make sure they help children<br><b>Crisis Response Service</b> - provide support to children with serious mental health problems and needs help right away and parent struggling with child's mental health needs   |
| <b>Family Services of Peel</b><br>7700 Hurontario St, Suite 601<br>Brampton, ON L6Y 4M3<br><br>33 King St W<br>Bolton ON, L7E 1C7<br><br>151 City Centre Dr, Suite 501<br>Mississauga, ON L5B 1M7<br><a href="http://www.fspeer.org">www.fspeer.org</a> | <b>Intake</b><br><b>905-453-5775</b><br><b>Brampton</b><br><b>905-453-7890</b><br><b>Mississauga</b><br><b>905-270-2250</b><br><b>Bolton</b><br><b>905-857-1554</b> | One-to-one counselling, therapy groups, education and support services<br><b>Children who have Experienced/Witnessed Violence</b><br>This program aims at working with children who have either experienced or witnessed violence. The philosophy of the program recognizes that parent/child is not a cause of violence and abuse directed at children and that in a parent/child relationship, children do not instigate or cause violence or abuse themselves. With parental/guardian consent, children can receive counselling individually, without a parent being present in the session. The goals of counselling are to help manage the effects of abuse, increase coping capacities and develop strategies for managing on a daily basis<br><b>Immediate Intervention Services (IIS)</b><br>Provides immediate services for men, women and children who are experiencing/have experienced or have witnessed any form of emotional, psychological, financial, sexual, physical abuse, and any form of coercive control, victims of violence (domestic violence; partner abuse) including short-term counselling, support, information, referral and advocacy. Clients are entitled to 6 free counselling sessions<br><b>Safer Families Program</b> - Provides an effective and supportive response for families who are involved in the child welfare system due to children's exposure to domestic violence |





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| <b>Interim Place</b><br>Community Outreach and Support<br>Mississauga, ON<br><a href="http://www.interimplace.com">www.interimplace.com</a>  | <b>Community Support and Outreach Program:</b><br><b>905-676-0257</b><br><b>24 Hour Crisis Line:</b><br><b>905-403-0864</b>               | Programs help women in the community who are currently experiencing or have experienced violence and abuse. The program is available to all women whether they have previously resided at the shelter or have remained in the community. We provide follow-up after care support, outreach services and work in partnership with many agencies within the region of Peel.  |
| <b>Kids Help Phone</b><br>439 University Ave, Suite 300<br>Toronto, ON M5G 1Y8<br><a href="http://www.kidshelpphone.ca">www.kidshelpphone.ca</a>   | <b>416-586-5437</b><br><b>Help line:</b><br><b>1-800-668-6868</b>   | <b>Provides 24 hours</b> confidential, anonymous phone and internet counselling and referral for children and youth * website offers online counselling and information on youth-related topics like bullying, dating, family, friendship and health * public education program<br>Services provided through: phone service, online chat, interactive online tool, phone app   |
| <b>Malton Neighbourhood Services</b><br>3540 Morning Star Dr<br>Mississauga, ON L4T 1Y2<br><a href="http://www.mnsinfo.org">www.mnsinfo.org</a>  | <b>905-677-6270</b>   | <b>Women's Abuse Support</b><br>In partnership with Interim Place and The HEAL Network, offer free and completely confidential referral and supportive services for women and children who have experienced abuse  |
| <b>Muslim Community Services</b><br>Civic Centre<br>150 Central Park Dr, Suite 304<br>Brampton, ON L6T 2T9<br><a href="http://www.muslimcommunity.org">www.muslimcommunity.org</a>   | <b>Brampton North</b><br><b>905-790-1910</b><br><b>Brampton South</b><br><b>905-790-8482</b><br><b>Mississauga</b><br><b>905-828-2001</b> | <b>Children Exposed To Family Violence Program</b> - for children who have witnessed women abuse in their homes, program will provide early intervention, safe place for women and children to discuss the violence they have experienced, healing process and support, initiative is a joint venture of many organizations in the Region of Peel  |
| <b>Oasis Centre des Femmes</b><br>150 Main St N<br>Brampton, ON L6V 1M0<br><a href="http://www.oasisfemmes.org">www.oasisfemmes.org</a>  | <b>905-454-3332</b><br><b>Crisis Line</b><br><b>1-877-336-2433</b>  | Delivers free and confidential services to Francophone women (16yrs and over) in the Peel-Halton area, offers counselling services, transitional support, self-defense classes and education and awareness programs, offers a provincial support line which is confidential and open for French speaking women (16yrs and over) who have experienced violence, provides crisis intervention, referrals to community resources and support in general |
| <b>Ontario Provincial Police - Caledon Criminal Investigative Services</b><br>15924 Innis Lake Rd<br>Caledon, ON L7C 2Z1<br><a href="http://www.caledon.ca/en/live/oppcaledon.asp">www.caledon.ca/en/live/oppcaledon.asp</a> | <b>905-584-2241</b><br><b>Non-emergency call across Ontario</b><br><b>1-888-310-1122-</b>   | Works to serve and protect the residents of the Town of Caledon<br><br>Crime Unit * Criminal Investigative Services * Sexual Assault Team * HEAT Team (High Enforcement Action Team) * Handles break and enters and drug investigations  |

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| <b>Ontario Victim Services</b>  | <b>1-888-579-2888</b><br><b>416-314-2447- for</b><br><b>GTA area</b> | <b>Support services for victims and families of victims:</b> <ul style="list-style-type: none"> <li>• <a href="#">Domestic Violence Court Program</a></li> <li>• <a href="#">Family Court Support Worker Program</a></li> <li>• <a href="#">Help for child victims</a></li> <li>• <a href="#">Internet Child Exploitation Counselling Program</a></li> <li>• <a href="#">Legal Services</a></li> <li>• <a href="#">Partner Assault Response Programs</a></li> <li>• <a href="#">Male Victims – Support services for male survivors of sexual abuse</a></li> <li>• <a href="#">Sexual Assault/Rape Crisis Centres</a></li> <li>• <a href="#">Victim Crisis Assistance Ontario</a></li> <li>• <a href="#">Victim/Witness Assistance Program</a></li> </ul> |
| <b>Peel CAS (Children's Aid Society)</b><br>6860 Century Ave, West Tower<br>Mississauga, ON L5N 2W5<br><a href="http://www.peelcas.org">www.peelcas.org</a> | <b>905-363-6131</b><br><b>1-888-700-0996</b>                         | Protects children and youth from physical, sexual and emotional abuse and neglect<br>Investigates child protection concerns for children (under 16yrs)<br>Provides guidance and counseling, and works with parents and families to help them provide safe and loving environments for their children<br>Provides care for children and youth and supervises children who are under the care of Peel Children's Aid<br>Places children for adoption   |
| <b>Peel Crime Stoppers</b><br>7750 Hurontario St<br>Brampton, ON L6V 3W6<br><a href="http://peelcrimestoppers.ca/">http://peelcrimestoppers.ca/</a>         | <b>1-800-222-</b><br><b>TIPS(8477)</b>                               | Anonymous tip line for information on crimes from the public *<br>partnership of the public, police and media, with staff provided by Peel Regional Police<br>Used to report anonymous information through either a secure tips line or submit a tip via the web at <a href="http://www.peelcrimestoppers.ca">www.peelcrimestoppers.ca</a> and "SUBMIT A TIP" or text tip using 274637 (CRIMES). Do not give information if you are a victim. Do not include information that only you and you alone know. Remember: Crime Stoppers is not the police. We are not first responders. If it is an emergency, call 911  |
| <b>Peel Regional Police</b><br>7750 Hurontario St<br>Brampton, ON L6V 3W6<br><a href="http://www.peelpolice.ca">www.peelpolice.ca</a>                       | <b>905-453-3311</b>  | Regional police service (operates out of five divisions), operates various programs - one of them is the Special Victims Unit (SVU) - formerly Child Abuse and Sexual Assault (CASA)   |

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| <b>Punjabi Community Health Services</b><br>2980 Drew Rd, Suite 241<br>Mississauga, ON L4T 0A7<br><a href="http://www.pchs4u.com">www.pchs4u.com</a>                       | <b>905-677-0889</b> | Sahara Better Families Program- Parent and Youth Support Group for <ul style="list-style-type: none"> <li>youth struggling with violence, substance abuse, self-harm or suicidal thoughts</li> <li>parents and youth who want to strengthen their relationships and want to learn better communication and life skills</li> </ul> Assists with improving self-awareness, decision making and problem solving  |
| <b>Rapport Youth and Family Services</b><br>155 Clark Blvd, Unit 11<br>Brampton, ON L6T 4G6<br><a href="http://www.rapportyouth.com">www.rapportyouth.com</a>              | <b>905-455-4100</b> | Aims to strengthen the social and emotional well-being of youth and families through counseling and related support services.<br><b>Youth Arts Against Violence (YAAV)</b> Provides an opportunity for young people to use artistic expression as a way to constructively deal with issues of violence in their lives and in the community. Modern Batik art, photography, Photoshop, music production<br>Services provided to youth between 12 to 20 years   |
| <b>Salvation Army</b><br>Honeychurch Family Life Resource Cen.<br>535 Main St N<br>Brampton, ON L6X 3C9<br><a href="http://www.flrc.ca">www.flrc.ca</a>                    | <b>905-451-4115</b> | Provides services for abused women and children, emergency shelter, counseling, practical information and assistance<br><b>Children's Services</b> - Children residing with their mothers at FLRC receive specialized support through one-on-one or group support and other Centre programming  |
| <b>South Asian Community Health Services</b><br>22 Melanie Drive, Units 6 and 7<br>Brampton, ON L6T 4K9<br><a href="http://www.sachservices.net">www.sachservices.net</a>  | <b>647-718-0786</b> | <b>Programs for Violence, Domestic Violence and Anger Management</b> - Individual Counselling, Group Counselling , Outreach, Prevention Programs, Stress Management programs, PAR (Partner Assault Response) program for domestic violence, Programs for clients mandated by the legal system to get treatment for issues such as driving under the influence of alcohol/drugs (DUI), violence, domestic violence, anger management etc.<br><b>Women's Program</b> - Educational and life skills programs, programs for victims of domestic violence, support for women experiencing problems due to substance abuse/mental health issues in the family |
| <b>Safe Centre of Peel</b><br>William G Davis Centre for Families<br>60 West Dr, Suite 110<br>Brampton, ON L6R 3T6<br><a href="http://www.scopeel.org">www.scopeel.org</a> | <b>905-450-4650</b> | Offer support and compassionate care to adults, children and youth affected by abuse and violence in Peel   |

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| <b>Distress Centres of Greater Toronto</b><br><a href="http://www.dcoct.com">www.dcoct.com</a>  | <b>289-569-1200</b><br><b>Crisis/Help Lines</b><br><b>Mississauga/Brampton</b><br><b>905-459-7777</b><br><b>Caledon</b><br><b>1-877-298-5444</b> | <b>Help Line:</b> English <b>Helps Lines: 24/7</b><br><b>Multilingual Distress Lines:</b> Mon-Fri 10 am-10 pm, offered in Punjabi, Hindi, Urdu, Spanish, Portuguese, Cantonese and Mandarin<br>For individuals over 18 years going through a difficult situation or in need of listening support and/or experiencing mental or physical health issues, social isolation, loss of someone, relationship problems, stress, crisis, or abuse or just having difficulties coping in life   |
| <b>Trillium Health Partners</b><br>100 Queensway W<br>Mississauga, ON L5B 1B8<br><a href="http://trilliumhealthpartners.ca/patientservices/womens/p...">trilliumhealthpartners.ca/patientservices/womens/p...</a> | <b>905-848-7100</b><br><b>1-866-863-0511</b>   | <b>Sexual Assault Care and Domestic Violence Services - Regional Program</b> for children and youth. <ul style="list-style-type: none"> <li>• Women and men 12 years of age or older who have been sexually assaulted within the last 72 hours</li> <li>• Women 16 years of age or older who have incurred recent injuries as a result of domestic violence</li> <li>• Children under the age of 12 who have been sexually abused or assaulted (see Paediatric Sexual Assault Services for more information on this topic)</li> </ul>  |
| <b>Victim Services of Peel</b><br>7750 Hurontario St<br>Brampton, ON L6V 3W6<br><a href="http://www.vspeel.org">www.vspeel.org</a>  | <b>905-568-8800</b><br><b>Crisis line:</b><br><b>905-568-1068</b>  | Immediate crisis intervention and other related services to persons victimized by crime or tragic circumstance.<br>Services include:<br>Crisis Intervention - short term counselling; attendance; resources, education, advocacy, community help program (REACH)<br>Community Information Sessions - program provided at the request of community organization, school, police services or religious institution to raise awareness about the available support services for victims of crime and tragic circumstances in Peel Region.<br>Court Advocacy<br>South Asian Family Enrichment<br>Transitional and Housing Support<br>Victim Quick Response |