



BEREAVEMENT/GRIEF COUNSELLING AND SUPPORT

DUFFERIN COUNTY

Organization	Phone No	Service Description
AIDS Bereavement and Resiliency Program of Ontario (ABRPO) 490 Sherbourne St - 2nd floor Toronto, Ontario M4X 1K9 www.abrpo.org	416-205-9888	Program is mandated to work with Board, Staff and Volunteers of AIDS Service Organizations (ASOs) and other AIDS-serving organizations in Ontario on issues of AIDS-related loss, multiple loss and organizational change and transition. We work with staff, board or volunteer teams and individuals to help them work through all kinds of loss and transitions and to build resiliency skills The programs include: Education, Training, Grief/Loss, Multiple Loss Processing, Development of Peer Support System, Development of Resource Materials
Alzheimer Society of Dufferin County 25 Centennial Rd, Unit 1 Orangeville, ON L9W 1R1 www.alzheimerdufferin.org	519-941-1221	Promotes public and professional awareness of Alzheimer Disease and related dementias. Offers programs and services through: support groups (ongoing monthly support group meetings, early stage, parental, spousal, as well as individualized and family support addressing specific issues, grief counselling offered) No fee for service
Art as Therapy Treatment Clinic Unit M18 15 Elizabeth St Orangeville, ON L9W 3X3 www.artastherapy.ca	905-783-5939	Helps individuals to become self-aware and deal with emotional and psychological issues through a collaborative process utilizing simple art materials. Works with children, adolescents, their families, adults and seniors, who require strength based therapeutic support for any of the following: loss, separation, grief, trauma, illness, emotional behavioral concerns, learning difficulties, ADHD, Autism, depression, dementia, low self - esteem, attachment difficulties and unresolved conflicts Fee for service
Baby's Breath Peer Support & Resources PO Box 5005 St. Catharine's, ON L2R 7T4 www.babysbreathcanada.ca	905-688-8884 1-800-363-7437	For nearly 40 years, Baby's Breath (previously The Canadian Foundation for the Study of Infant Deaths) has been Canada's only national foundation focused on SIDS, and more recently also dedicated to reducing all sudden and unexpected infant deaths including stillbirths. Since our inception in 1973, we have pursued our mission through research, advocacy and a peer-to-peer bereavement support network to assist families who have faced the tragic loss of an infant

Organization	Phone No	Service Description
Caledon \ Dufferin Victim Services Orangeville Office 390 C Line Orangeville, ON L9W 3Z8 www.cdvs.ca	1-888-742-2658 24 hour Crisis Line 905-951-3838	On Scene and Telephone Crisis Support The Victim Crisis Assistance and Referral Service (VCARS) site (operating under auspices of the Ministry of the Attorney General, provides immediate support and assistance to victims of crime, adversity, tragedy, and/or disaster, 24 hours a day, 7 days a week. The agency responds to occurrences such as domestic violence, sudden deaths, suicides, motor vehicle collisions and fatalities, death notifications, sexual assaults, break and enters, family/personal crisis, homicides, property-related crime calls, and provides court support and accompaniment No fee for service
Catholic Family Services of Peel Dufferin 655 Riddell Rd Orangeville, ON L9W 4Z5 www.cfspd.com	Central Intake number 905-450-1608	Provides immediate counselling sessions, crisis intervention and assessment for clients who have been exposed to grief and loss. Clients are offered up to 6 sessions in this program
Dufferin Peel Catholic District School Board Psychology Department 40 Matheson Blvd W Mississauga, ON L5R 1C5 www.dpcdsb.org	905-890-0708	Services provided include Counselling individual students or groups of students with personal or family issues (such as family separation, loss of a family member, or behavioral problems)
Egan Funeral Home Community Grief Support Program 273 Broadway Orangeville, ON L9W 1K8 www.eganfuneralhome.com/community-grief-support-programs/	905-857-2213	Grief support is available in the Bolton and Orangeville areas courtesy of Egan Funeral Home for those experiencing the loss of a loved one. You may bring a friend or family member if you wish. Registration is not required for any of these sessions whether you choose to come once or attend all five In Orangeville: The Lord Dufferin Centre, 2 nd Fl. Activity Room, 32 First St No fee for service
GriefNet www.griefnet.org/support/groups.html	Website	GriefNet.org is an Internet community of persons dealing with grief, death, and major loss. Our grief support groups operate 24-hours/day, 365 days/year. Members participate when they wish and are able to, not at a set time. When one member of a group sends an email message to the group, everyone in the group receives a copy. This allows many people to respond with love and caring to the thoughts and feelings of an individual, day and night, year-round. Since 1994 these groups have helped thousands of people around the world deal safely with their grief

Organization	Phone No	Service Description
Hospice Palliative Care Ontario 707-2 Carlton St Toronto, ON M5B1J3 www.hpco.ca	416-304-1477 1-800-349-3111	This association provides information on palliative and hospice care services and resources for end of life patients in your community. Services include palliative care units and programs, hospice programs, community based services, pain and symptom management, bereavement support services, and palliative care education
Hospice Dufferin Bereavement Programs 39 First St Orangeville, ON L9W 2E3 www.hospicedufferin.com	519-942-3313	Hospice Dufferin Bereavement Programs include: Support groups One-on-one volunteer support A lending library of videotapes for adults and children No fee for service
Integrating Loss 30 First Ave Orangeville, ON L9W 1H8 www.integratingloss.com	519-942-6536	Therapist providing individual or group therapy for loss, grief, victimization and tragic events Fee for service
KIDSAID https://kidsaid.com/	Website	KIDSAID, provides a safe environment for kids to help each other deal with grief and loss
McIntosh Counselling and Assessment Services 109 Broadway Ave, Suite 6 Orangeville, ON L9W 1K2 www.peelcounselling.com	416-258-8441	Counselling and assessment services for children, adolescent, families and couples Grief counselling Fee for service – reduced fee for service available on a limited basis and depends on the individual's circumstances – reduced rates for students and seniors
Mono Therapy Centre 428081 25th Side Rd Mono, ON L9W 2Y8 www.monotherapycentre.com	519-942-3283	Counselling service for different life situations and difficulties. Individuals, couples, families, adolescents and children counselling – grief and loss – deaths Fee for service
Rainbows For All Children Canada	1-877-403-2733	Provides peer support programs for children, youth, and families experiencing loss through life altering events. Forms partnerships with schools, faith communities and social service agencies so they may establish grief support groups and help vulnerable children Ages: 3 year(s) and up ; adult program also available No fee for service