



DIABETES CARE / DIABETES EDUCATION CENTRE/PROGRAMS

DIABETES CARE

Centre for Complex Diabetes Care (CCDC) Peel Memorial Centre for Integrated Health and Wellness

20 Lynch St, Level 2, Zone C, Room 202, Brampton, ON L6W 2Z8

Tel: 905-863-2561 Fax: 905-595-2863

One-stop access to highly specialized care for adults who have been diagnosed as having complex diabetes. The Centre provides access to a team of diabetes experts including an endocrinologist, nurse practitioner, certified diabetes educator, registered dietitian, social worker and pharmacist. Care is personalized to meet individual needs

OTHER

Name	Location	Phone	Hours
Central West Self Management Program Peer Led - Diabetes Self Management Program	20 Lynch St Brampton, ON L6W 2Z8	1-844-643-7393	Mon-Fri 8am-4pm
William Osler Health System – Diabetes Care – Family Adventures in Health (Sun Life Financial – At Risk Diabetes Initiative)	20 Lynch St Brampton, ON L6W 2Z8	905-494-2120 ext 29627	Hours Vary
A 12-week community-based diabetes prevention program that includes: short interactive lesson, hands on food preparation with tasting led by a Registered Dietitian, exercise led by a Registered Kinesiologist This group-based workshop teaches parents and children skills and confidence to make their own healthy choices and live an active lifestyle			

DIABETES EDUCATION CENTRE / OUTREACH EDUCATION PROGRAMS

Diabetes Education Centre/Program	Location	Phone	Hours of Operation
BRAMPTON			
Bramalea Community Health System Diabetes Education Program	40 Finchgate Blvd, Suite 109 Brampton , ON L6T 3J1	905-451-8090 ext 116	Mon, Wed 8am-8 pm Tue 1pm-8pm, Thu, Fri 8am-4pm
Metis Nation of Ontario – Métis Family Wellbeing Program	350 Rutherford Rd S, Suite 305, Plaza 2 Brampton, ON L6W 4N6	905-450-4844	Mon-Fri 8:30am-4:30pm
William Osler Health System – Peel Memorial Centre - Diabetes Education Centre	20 Lynch St Level 2, Zone C, Room 202 Brampton, ON L6W 2Z8	905-863-2562 Fax: 905-494-6599	Mon-Wed 8am-8pm Thu, Fri 8am-4pm Outreach – Hours vary
William Osler Health System – Peel Memorial Centre for Integrated Health and Wellness Diabetes Education Centre Children (Paediatrics)	20 Lynch St Level 2, Zone C, Room 202 Brampton, ON L6W 2Z8	905-863-2562 Fax: 905-863-2516	Mon-Wed 8am-8pm Thu, Fri 8am-4pm
William Osler Health System – Diabetes Education Outreach Program Brampton Soccer Centre	1495 Sandalwood Pkwy E Brampton, ON L6R 0K2	905-494-6214	Mon 8:30am-4:30pm
William Osler Health System – Diabetes Education Outreach Program Indus Community Services	180B Sandalwood Pkwy, Suite 3000 Brampton, ON L6Z 4N2	905-494-6214	Wed 8:30am-4:30pm
Peel Region South Asian Diabetes Education Program		905-796-4066 ext 62104	
BOLTON			
William Osler Health System – Etobicoke General Bolton Satellite Diabetes Education Centre 18 King St, Upper Floor, Bolton	89 Humber College Blvd, Suite 224 Etobicoke, ON M9V 4B8	416-494-2120 ext 32393 Fax: 416-747-3440	Mon-Wed 8am-8pm, Thu-Fri 8am-4pm
William Osler Health System – Diabetes Education Outreach Program Caledon Community Services	18 King St, Upper Fl Bolton, ON L7E 1E8	416-747-3400 ext 32558	Tue 8am-4pm

Diabetes Education Centre/Program	Location	Phone	Hours of Operation
MISSISSAUGA			
Peel Public Health		Mississauga/Brampton 905-799-7700 Caledon: 905-584-2216	Free confidential information and education over the phone
Four Corners Health Centre Diabetes Education Program		905-677-9599	Mon, Wed, Fri 8am-4pm * Tue 1pm-8pm * Thu 8am-8pm * Sat 8am-12noon
William Osler Health System – Diabetes Education Outreach Program Punjabi Community Health Services – Malton	2980 Drew Rd Mississauga, ON L4T 1A5	905-747-3400 ext 32558	Tue 8:30am-4:30 pm (Every 1 st and 3 rd Tue of the month)