



## DIABETES CARE / DIABETIC EDUCATION CENTRE/PROGRAMS

### DIABETES CARE

#### Centre for Complex Diabetes Care (CCDC) Peel Memorial Centre for Integrated Health and Wellness

20 Lynch St, Level 2, Zone C, Room 202, Brampton, ON L6W 2Z8

Tel: 905-863-2561 Fax: 905-595-2863

One-stop access to highly specialized care for adults who have been diagnosed as having complex diabetes. The Centre provides access to a team of diabetes experts including an endocrinologist, nurse practitioner, certified diabetes educator, registered dietitian, social worker and pharmacist. Care is personalized to meet individual needs

### OTHER

Name	Location	Phone	Hours
Central West Self Management Program Peer Led - Diabetes Self Management Program	20 Lynch St Brampton, ON L6W 2Z8	1-844-643-7393	Mon-Fri 8am-4pm
William Osler Health System – Diabetes Care – Family Adventures in Health (Sun Life Financial – At Risk Diabetes Initiative)	20 Lynch St Brampton, ON L6W 2Z8	905-494-2120 ext 29627	Hours Vary
A 12-week community-based diabetes prevention program that includes: short interactive lesson, hands on food preparation with tasting led by a Registered Dietitian, exercise led by a Registered Kinesiologist This group-based workshop teaches parents and children skills and confidence to make their own healthy choices and live an active lifestyle			

## DIABETES EDUCATION CENTRE / OUTREACH EDUCATION PROGRAMS

Diabetes Education Centre/Diabetes Program	Location	Phone	Hours of Operation
<b>ETOBICOKE/TORONTO</b>			
<b>Rexdale Community Health Centre Diabetes Education Program</b>	8 Taber Rd Etobicoke, ON M9W 3A4	<b>416-744-0066 ext 2375</b>	Mon 9am-8pm * Tue, Thu, Fri 9am-5pm * Wed 12noon-8pm * Sat 9am-2pm
<b>Rexdale Community Health Centre Diabetes Education Program</b>	Rexdale Community Hub 21 Panorama Court, 2nd Fl, Office 25 Toronto, ON M9V 4N4	<b>647-288-0280</b>	Mon-Fri 9am-5pm
<b>Rexdale Community Health Centre Diabetes Education Program</b>	Satellite 2267 Islington Ave W, Unit 14 Toronto, ON M9W 3W7	<b>416-744-0066</b>	Mon, Tue, Thu, Fri 9am-5pm * Wed 12noon-8pm
<b>William Osler Health System Etobicoke General Hospital (EGH) Diabetes Education Centre</b>	89 Humber College Blvd, Ste 224 Toronto, ON M9V 4B8	<b>416-494-2120 ext 32393</b>	Mon-Wed 8am-8pm * Thu-Fri 8am-4pm
<b>William Osler Health System EGH – Diabetes Education Outreach Program The Albion Mall - YMCA</b>	The Albion Centre 1530 Albion Rd Etobicoke, ON M9V 1B4	<b>416-494-2120 ext 32558</b>	Fri 8:30am-4:30pm
<b>Diabetes Education Program for South Asians (Etobicoke)</b>		<b>416-747-3400 ext 32558</b>	