

## DIABETES CARE / DIABETES EDUCATION CENTRE/PROGRAMS

#### **DIABETES CARE**

# Centre for Complex Diabetes Care (CCDC) Peel Memorial Centre for Integrated Health and Wellness

20 Lynch St, Level 2, Zone C, Room 202, Brampton, ON L6W 2Z8

Tel: 905-863-2561 Fax: 905-595-2863

One-stop access to highly specialized care for adults who have been diagnosed as having complex diabetes. The Centre provides access to a team of diabetes experts including an endocrinologist, nurse practitioner, certified diabetes educator, registered dietitian, social worker and pharmacist. Care is personalized to meet individual needs

### **OTHER**

Name	Location	Phone	Hours	
Central West Self Management Program	20 Lynch St	1-844-643-7393	Mon-Fri 8am-4pm	
Peer Led - Diabetes Self Management Program	Brampton, ON L6W 2Z8			
	20 Lynch St	905-494-2120 ext 29627	Hours Vary	
	Brampton, ON L6W 2Z8			
William Osler Health System	A 12-week community-based diabetes prevention program that includes: short			
- Diabetes Care - Family Adventures in Health (Sun	interactive lesson, hands on food preparation with tasting led by a Registered Dietitian, exercise led by a Registered Kinesiologist			
Life Financial – At Risk Diabetes Initiative)				
	This group-based workshop teaches parents and children skills and confidence to make their own healthy choices and live an active lifestyle			

### **DIABETES EDUCATION CENTRE /OUTREACH EDUCATION PROGRAMS**

Diabetes Education Centre/Diabetes Program	Location	Phone	Hours of Operation	
WOODBRIDGE/YORK REGION				
Mackenzie Health	Upper Thornhill Centre	905-832-8070	Mon 8am-8pm, Tue-Fri 8am-	
<b>Diabetes Education Centre</b>	955 Major Mackenzie Dr W, Suite 340	ext 2238	4:30pm, open one Sat a month 8am-	
	Vaughan, ON L6A 4P9		4pm	
William Osler Health System	89 Humber College Blvd, Suite 224	416-494-2120	Mon-Wed 8am-8pm, Thu-Fri	
<b>Etobicoke General Hospital (Woodbridge</b>	Toronto, ON M9V 4B8	ext 32393	8am-4pm	
DEC)		Fax: 416-747-3440		
Woodbridge Satellite Education Centre				
7371 Martin Grove Rd, 1 <sup>st</sup> Fl				
Woodbridge, ON L4L 9E4				
William Osler Health System - Outreach	7371 Martin Grove Rd, 1st Fl	416-494-2120	Thu 8:30am-4:30pm	
<b>Education Program</b>	Woodbridge, ON L4L 9E4	ext 32558		
Amica at Villa Da Vinci				
Vaughan Community Health Centre	9401 Jane St, Suite 206	905-303-8490	Mon, Fri 8am-5pm, Tue-Thu 8am-	
Diabetic Education Program	Vaughan, ON L6A 4H7	ext 2	8pm	