



FRIENDLY VISITING - Brampton, Caledon, Malton

Organization	Phone No	Service Description
African Community Services of Peel Seniors Support Program 20 Nelson St W, Ste. 302 Brampton, ON L6X 2M5 www.africancommunityservices.com	905-460-9514	Seniors Support Program A drop-in program for seniors from the African Canadian community to enable isolated seniors to come out and socialize Accompaniment and friendly visiting are components of the seniors program
Bethell Hospice In-Home Visiting Program 15835 McLaughlin Rd Inglewood, ON L7E 1H4 www.bethellhospice.org	905-838-3534 1-800-305-7905	In-home support is provided by specially-trained volunteers. Visiting volunteers can provide a reassuring presence, companionship and comfort, both for palliative individuals receiving care at home and for their home caregivers and family members In-home volunteer support can also be used to provide caregivers with personal time to go out or to rest Support to all residents of Caledon and Brampton
WellFort - Bramalea Community Health Centre Frail Elderly Outreach Program 40 Finchgate Blvd, Ste. 224 Brampton, ON L6T 3J1 www.bramaleachc.ca	905-451-8090	Home visiting for seniors offered to registered senior clients of BCHC – covers postal code starting with L6T, L6R, L6S
Caledon Meals on Wheels Friendly Visiting/Telechat/ 80 Allan Dr. Bolton, ON L7E 1P7 www.cmow.org	905-857-7651 905-584-2992	Service provided to seniors and/or disabled in Caledon <ul style="list-style-type: none"> • Friendly Visiting - In this program, clients are matched with volunteers who make weekly visits to their home • Let's Do Lunch-through this program clients are connect with volunteers while eating meal together • TeleChat Program - This program is an extension of the Friendly Visiting Program, except that the volunteer visits are done over the phone instead of in person

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Caledon Meals on Wheels (Contd)		<p>Let's Read -CMOW has partnered with Caledon Library to offer clients the opportunity to have library material at home and friendly visit at the same time</p> <p>Let's Exercise- Volunteer lead, simple, progressive, in-home exercise allows clients to connect with their peers weekly while giving them an opportunity to enhance and maintain their functional fitness, mobility and independence</p>
CANES Community Care 10 Carlson Court, Suite 200 Etobicoke, ON M9W 6L2 www.canes.on.ca	416-743-3892 Ext. 243	Connect with Seniors Friendly visiting: Volunteers are calling clients 2-3 times a week for up to 15 minutes. Program for seniors (55+) or adult with physical disability living in the Etobicoke, Malton and Brampton areas. Seniors can request a friendly visiting phone schedule at any time.
Heart House Hospice 855 Matheson Blvd E, Unit 1 Mississauga, ON L4W 4L6 www.hearthousehospice.com	905-712-8119	In-home visiting volunteers- provide companionship and emotional support, leisure activities, caregiver relief and respite, practical assistance, comfort care and complementary therapies (i.e. therapeutic touch, reiki, etc.) Area Served: Brampton and Mississauga
Indus Community Services 245 Queen St E, Unit 2 Brampton, ON L6W 2B5 www.induscs.ca	905-275-2369 Ext. 291	Friendly visiting offers support for socially isolated, physically and cognitively impaired seniors (55+) in the comfort of their home, hospital or assisted living setting.
Langar Seva Meal and Support Services www.LangarSeva.ca	416-628-7041	Volunteers will visit client to chat, play card games, read the newspaper, etc. as part of the friendly visiting program To refer a client, use the online client application form available at http://www.langarseva.ca/-products-and-photo-gallery.html
Mary Centre Outreach - Integrated Seniors 1 Bartley Bull Pkwy, Ste. 18 Brampton, ON L6W 3T7 www.marycentre.com	905-866-6300	Friendly visitors spend time on a regular basis with an individual who has a developmental disability at his or her home: having a chat, reading together, playing cards, going to the library or a movie, taking a walk together, attending sporting or recreation events
Metis Nation of Ontario Community Wellness Worker Program 350 Rutherford Rd. S, Suite 305, Plaza 2 Brampton, ON L6W 4N6 www.metisnation.org	905-450-4844	Friendly Visiting for the Metis and Aboriginal populations in Peel Region

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United Achievers Community Services 36 Queen St E, Lower Level Brampton, ON L6V 1A2 www.unitedachievers.org	905-455-6789 Ext. 2237	Friendly visiting/Accompaniment/Safety Check
Victorian Order of Nurses Peel Region Youth Volunteer Program 78 William St Mississauga, ON L5M 1J3 www.von.ca	905-821-3254 ext. 4219	Friendly visits by a youth volunteer provide companionship which helps reduce feelings of loneliness. Area Served: Mississauga