



MENTAL HEALTH HOUSING, GROUP HOMES AND HOUSING ASSISTANCE

Etobicoke

HOUSING/GROUP HOMES

<p>Accommodation, Information and Support, Toronto 316-720 Spadina Ave Toronto, ON M5S 2T9 Website: www.aistoronto.ca</p>	<p>416-504-3610</p>	<p>Supportive housing for persons recovering from significant mental health problems and homelessness. Community support workers offer case management functions. Self-contained apartments. Community development program enhances independent living</p> <p>Locations: Bathurst St and Dupont St Broadview Ave and Queen St Coxwell Ave and Dundas St Shutter St and Mutual St</p> <p>Support services include: case management, trauma and spiritual care, a registered dietician, a bed bug & hoarding specialist and community development initiatives. Some units are accessible and some are designed for hearing-impaired clients. Model of service is client-centered recovery. Average length of stay is over 10 years.</p> <p>Referrals for this program are made via The Access Point (416-640-1934/1-888-640-1934) * homeless clients ; serious mental illness clients only</p>
<p>Arrabon House 29 Wilson Park Rd Toronto, ON M6K 3B6 Website: www.arrabonhouse.org</p>	<p>416-536-7037</p> <p>416-482-7884</p>	<p>Long term residential treatment program in group home environment * capacity 7 * links with counselling services, community health, education, employment, life skills training and recreation programs * aftercare program</p> <p>Contact intake worker at 416-536-7037 or referring worker can contact Centralized Access to Residential Services (CARS) at 416-482-7884</p>

Arrabon House (Contd)	Centralized Access to Residential Services	<p>Eligibility: Young women 13-18 years experiencing family conflict, mental health, behavioural and emotional issues, or survivors of physical or sexual abuse</p> <p>Lanthier Place and Hope for Youth Aftercare Program –Transitional Housing apartment residence * capacity 9 -- 3 youth per unit * 1 year occupancy * independent living * weekly contact with mentor or outreach worker * monthly group meetings * rent geared to income</p> <p>Young women 16-24 years * must be in school, employed or in employment program</p>
Bayview Community Services Bayview House North York, ON	416-640-1934 1-888-640-1934	<p>A medium support, co-ed group home in North Toronto with a capacity of 10 people. Residential counsellors are available weekdays in the afternoon and evening, and on afternoons on most weekends. Staff is available afterhours for emergencies. Residents must be able to live in a group setting with this amount of support. Residents share bedrooms. Model of service is client-directed, recovery using psychosocial rehabilitation principles.</p> <p>Applications for Bayview House are processed through The Access Point which is responsible for managing the housing waitlist.</p>
Canadian Mental Health Association (CMHA) Toronto Branch Housing Services Lawrence Square 480-700 Lawrence Ave W North York, ON M6A 3B4 Website: www.toronto.cmha.ca	416-789-7957 1-888-640-1934	<p>Housing Services secures modest, affordable, permanent accommodations for eligible individuals. The Canadian Mental Health Association (CMHA) enters into arrangements with private landlords to lease self-contained apartment units that are in turn subleased. CMHA tenants pay rent based on Ontario Works (OW). The difference between what the tenants are able to pay and the actual rent is made up by this program through funds from the Ministry of Health and Long-Term Care. Referrals come from a variety of sources including shelters, court programs, community organizations, hospitals and self-referrals. The key to housing retention appears to be the support provided by housing workers (including 24-hour on-call support), community support staff and the cooperation of building management and neighbours</p> <p>The ability to live independently and a verifiable source of income are necessary for all of the units. The units are for individuals with a serious mental illness who are homeless or at risk of becoming homeless. These units are accessed through The Access Point (416-640-1934/1-888-640-1934)</p>

<p>Canadian Mental Health Association (CMHA) Toronto Branch The Safe Bed Short-Term Residential Bed Program (Mental Health and Justice Beds) 940 Wilson Ave North York, ON M3K 1E7 Website: www.toronto.cmha.ca</p>	<p>416-248-4174</p>	<p>Provides individuals living with mental illness with recent or current involvement with the criminal justice system with a 30-day stay with onsite 24-hour supports to assist in resolving the current crisis and creating strategies for long-term interventions. The 8-bed unit located in North York is part of a 34-bed network providing services across four quadrants of Toronto. The program also houses the Safe Bed Unit Registry which provides information on criteria, program locations and descriptions, bed availability and program contact numbers</p> <p>To access this program contact the Safe Bed Unit Registry 416-248-4174</p> <p>Clients with legal issues only ; homeless clients</p> <p>Primarily for individuals residing in North York, Secondary for all of Ontario</p>
<p>Chai-Tikvah Foundation (The) 313-4600 Bathurst St Toronto, ON M2R 3V2 Website: www.chaitikvah.org</p>	<p>416-634-3050 416-640-1934 Staff on Duty-Intake Worker</p>	<p>The Turk Fellowship Home operates on a reality-based rehabilitation approach. Staff assists the members to improve practical skills such as cooking, money management, household cleaning, personal hygiene, group decision making, individual goal setting and use of medication. Members plan and participate in house meetings and group outings. They also attend individual programs outside the house. In order to help members cope with mental illness, staff provides education regarding the illness, signs and symptoms, medication, etc. Members are encouraged to discuss feelings regarding their illnesses in individual and group programs. Chai Tikvah acknowledges the importance of family ties, staff helps members and families improve mutual communication and interaction skills. In order to help members retain and develop their Jewish cultural identities, the home observes Jewish tradition, such as kosher food laws and festivals. Participation at community facilities such as the J.C.C. and synagogues are also encouraged. Average length of stay is 10 to 15 years, to an indefinite period of time</p> <p>Referrals accepted from self, family or professionals. Referral is through The Access Point (416-640-1934/1-888-640-1934). Clients must be stable on medication and be cognitively or emotionally impaired, due to mental illness and under the care of a psychiatrist. Clients must be stabilized, willing and able to learn living skills, potential for rehabilitation. No waiting list, only advertised if there is an opening. Ten page application. Initial staff interview, followed by house visit for acceptable applicant</p>

<p>COTA 425 Sherbourne St Toronto, ON M4X 1K5 Website: www.cotainspires.ca</p> <p>Adams House/Bailey House</p>	<p>416-926-9915 1-888-640-1934</p>	<p>Supportive housing program provides rent subsidized accommodation and support for 20 men and 6 women living with mental health challenges.</p> <p>Supportive housing program provides rent subsidized accommodation and support for 10 men living with mental health challenges and co-occurring diabetes or pre-diabetic conditions</p> <p>Each tenant has his/her own bedroom and shares a bathroom and kitchenette with two or three other tenants. Cota Health provides on-site support during the day, seven days per week. Overnight security is on-site seven nights per week. Cota Health provides one meal per day on Saturday, Sunday and Monday. Tenants are responsible for their own meals outside of these scheduled times</p> <p>Adam's House and Bailey House -all referrals go through The Access Point (416-640-1934/1-888-640-1934). Men and women 16 years of age or older living with serious mental illness who are homeless, or at significant risk of becoming homeless.</p> <p>The specific source of income required to access this program is ODSP, OW or CPP</p>
<p>Eden Community Homes 196 Beverley St Toronto, ON M5T 1Z1 Website: www.edencommunityhomes.org</p> <p>Beverley House</p> <p>Eden Community House</p>	<p>416-977-3655</p>	<p>Affordable supportive housing at two locations downtown Toronto for individuals living with serious mental illness</p> <p>This program is for women who have experienced homelessness and serious mental health problems. On site staff available for 24 hours a day and assist residents with day to day practical support such as providing a meal program, assistance with medication if needed, and helping residents with doctor appointments. The model of service is based on helping people become as healthy as they can be. Each person has their own private bedroom and access to a phone. Residents can make snacks and hot drinks and have access to the kitchen during the day but a hot meal is provided by staff. Various in-house and community social recreation activities are offered. Behind the house is the VanDuzer Art Studio which all of our residents have access to. This house is non-smoking</p> <p>Offer support, counselling and life skills development to men and women who have experienced mental health problems. Based on a co-operative model where residents participate in house meetings, cooking, cleaning, and planning social recreation activities. Staff is on site every day and facilitates the operation of the program. Residents are expected to participate in a congregate setting, take their own medication, and be interested in a</p>

Eden Community House (Contd)		<p>recovery model of housing. Applicants must meet Ministry of Health and Long Term Care requirements for rent-geared to income. Most of our residents are on ODSP Support Plan. The house is non-smoking and is not accessible for people in wheelchairs.</p> <p>Main source of referral is our partnership program, which is the Hostel Outreach This program is part of Fred Victor Centre. If they are not able to provide us with referrals we accept referrals from The Access Point (416-640-1934/1-888-640-1934). In order to be referred to the program, interested applicants must contact The Access Point. All residents pay rent which is determined by the Ministry of Health and Long term Care.</p>
George Hull Centre for Children and Families 81 The East Mall, 3rd Fl Etobicoke, ON M8Z 5W3 Website: www.georgehullcentre.on.ca	416-622-8833	<p>Support to children and their families facing mental health issues * 18 years and below</p> <p>Services:</p> <ul style="list-style-type: none"> • prevention and early intervention • outpatient treatment for school-aged children • residential treatment • substance abuse treatment • specialized school programs <p>The Centre also offers preschool speech and language services and several EarlyON Centre programs</p>
Habitat Services (Mental Health Program Services of Metropolitan Toronto) 301-2238 Dundas St W Toronto, ON M6R 3A9 Website: www.habitatservices.org	416-537-2721	<p>Habitat Services matches potential tenants to contracted boarding homes and rooming houses. Habitat Services enters into contractual agreements with selected owners/operators of boarding homes/rooming houses and provides funding to them. Habitat staff monitors established standards and the provision of quality care based on contractual obligations. Habitat provides housing support services to tenants in eleven Habitat boarding homes, two shared and 13 self-contained apartments</p> <p>Funded boarding homes provide meals, 24-hour staffing, and housekeeping services. About half of the bedrooms in the portfolio are shared by two tenants and about half are single bedrooms. Individual boarding homes differ, with some offering more single room occupancy than others. Most generally accommodate both men and women, however some boarding homes house men or women only. There are two shared apartment units within the Habitat portfolio with single room occupancy. These provide more independent living, with fewer services for tenants, and meals are not provided. Habitat provides 15 self-contained apartments. On-site support services for tenants in Habitat funded homes are available from housing support staff of Habitat or Cota. Site support workers make regularly scheduled visits to homes and offer</p>

<p>John Gibson House A-227 Crawford St Toronto, ON M6J 2V5</p>	<p>416-537-3477</p>	<p>John Gibson House: provides high-support housing for 38 of the most vulnerable, at-risk and frail older adults and seniors in the community. The program offers 24-hour on-site staffing and access to services for seniors with serious mental illness. JGH assists them with health and medical concerns, mental illness, and substance abuse problems and other related issues. The communal dining program at JGH provides affordable and nutritious meals. Personal Support Workers provide practical assistance and care to residents, including personal care, housekeeping, laundry and escorts to appointments, enabling them to remain in the community as they age. Referrals go through The Access Point.</p>
<p>McEwan Housing and Support Services 20 Dundonald St Toronto, ON M4Y 1K2</p>		<p>McEwan Housing and Support Services: Provides supportive housing and community support to people living with HIV/AIDS and mental health and/or addiction issues * services include recovery, peer support and psychosocial rehabilitation</p>
<p>Mount Dennis Supported Housing Services 101 Humber Blvd S, Unit 302 Toronto, ON M6N 2H5</p>	<p>416-604-8666</p>	<p>For individuals aged 16 and older, of all gender identities and sexual orientations, living with HIV or AIDS, who have mental health or addiction issues or both, and are homeless or at risk of becoming so</p> <p>Mount Dennis Supported Housing Services: 60-unit long-term supportive housing services * episodic support open capacity * service coordination and case management • assistance with meal preparation • essential housekeeping • personal care • laundry • medication reminders • social and recreational activities • crisis intervention • emergency response • escort to appointments • psychogeriatric case management • addictions support • 24-hour on-site support worker</p>
<p>Pelham Park Gardens – Pelham Park Hub 61 Pelham Park Gardens, Ground Fl Toronto, ON M6N 1A8</p>	<p>647-931-3945</p>	<p>Support services are free * rent geared to income</p> <p>Pelham Park Gardens – Pelham Park Hub 60-unit (each building) long-term supportive housing services * episodic support open capacity * service coordination and case management. Supportive services: assistance with meal preparation, essential housekeeping, personal care, laundry, medication reminders, social and recreational activities, crisis intervention, emergency response, escort to appointments, psychogeriatric case management, addictions support, 24-hour on-site support worker</p> <p>For At-risk adults and older adults, living in Toronto Community Housing Mount Dennis Apartments who require access to on-site supported housing services * also people with complex challenges including mental illness, addiction, chronic physical health issues, social isolation, cultural dislocation, abuse and abandonment</p>

St George House 316 St George St Toronto, ON M5R 2P5	416-323-3416 1-888-640-1934	St George House: A high support boarding house for 26 people with mental health and addiction challenges and histories of homelessness or the risk of homelessness * services include meal preparation, supervision of medications, assistance with personal care activities, and individualized support, with a strong emphasis on Recovery principles * intakes are processed through Habitat Services Referral through The Access Point (416-640-1934/1-888-640-1934)
Margaret's Housing and Community Support Services 301 Broadview Ave Toronto, ON M4M 2G8 Website: www.margarets.ca	416-463-1481 Ext. 117	This program offers a spectrum of permanent supportive housing options including individual and congregate living style. Support available on site twice a week or as needed Referral through The Access Point (416-640-1934/1-888-640-1934). Psychiatric diagnosis is required For individuals with serious mental illness only ; women only
Native Canadian Centre of Toronto ENAGB Youth Program 16 Spadina Rd Toronto, ON M5R 2S7 Website: ncct.on.ca/youth-about-us/	416-964-9087	Supportive housing for Aboriginal youth (aged 16-24) who have mental health, addictions or substance use challenges * provides social, wellness, recreational, cultural and spiritual services
New Vision Toronto 250 The Esplanade, The Mill, Ste. 101 Toronto, ON M5A 1J2 Website: www.newvisiontoronto.com	416-868-1493	Supports for older adults, and adults with disabilities * helps people remain independent in their own homes for as long as possible * referral to other community services Group home with 24-hour personal care, basic homemaking, assistance with the activities of daily living For adults 18 years and over who have severe developmental disabilities, with both mental and physical disabilities * no destructive or severe behavioural problems Residential program provides homes for individuals in 15 locations
Oakdale Child and Family Services 291 Chisholm Ave Toronto, ON M4C 4W5 Website: www.oakdaleservices.com	416-699-5600	Short or long term residential care in 11 houses in Toronto, Barrie and Stouffville * individual and group programming, including special needs consultants * client group and program varies for each house -- life skills, behaviour modification, sensory integration, speech and language, independence training, community integration, vocational workshop training Referral from Children's Aid Society For mentally challenged children and youth 6 years and older with autism and/or developmental disabilities, including psychological and emotional disturbances, multiple disabilities

Parkdale Activity-Recreation Centre (PARC) Support Within Housing 1499 Queen St W Toronto, ON M6R 1A3 Website: www.parc.on.ca	416-640-1934	10 units of supportive housing for adults that struggle with mental health and addictions concerns. Because housing is so much more than just a roof overhead, PARC has community mental health staff dedicated to supporting and works with these tenants on their personal health and recovery plans. This means working with tenants on issues of physical and mental health, reducing harm around substance use and helping them to navigate systemic barriers of stigma and discriminations. Recovery is of course a relative term. In many ways it's the small things that matter and make all the difference when it comes to creating a sense of place and home for tenants at PARC Referrals are accepted from all sources. All referrals are coordinated through The Access Point (416-640-1934/1-888-640-1934)
Pilot Place Society-Lombard Street 70 Lombard St Toronto, ON M5C 2W2 Website: www.pilotplacesociety.org	416-368-5832	The program is a 24-hour high support residential program for adults with a primary diagnosis of Schizophrenia. We provide meals, carry out the medical treatment plan, obtain and administer medications, arrange and assist with attendance at all appointments, life skills training in relation to hygiene, room cleaning, laundry, financial management, recreational activities, vocational referrals, and case management. Average length of stay is indefinite.
Poverello Charities Ontario 203 Berkeley St Toronto, ON M5A 2X3	416-366-2952 416-504-5019 Housing	Housing -- private room and partial board for long term consumers/survivors of the mental health system * residents help prepare food for communal meals and share in care of house * total capacity 20 * Little Portion Vacation Centre -- 9 Dutcher Dr, Elmvale ON (west of Elmvale) for consumers/survivor groups of 10 at nominal fee
Reconnect Community Health Services Supportive Housing Etobicoke/York 1281 St Clair Ave W Toronto, ON M6E 1B8 Website: www.reconnect.on.ca	905-795-8742 ext. 233	Through the SHEY program, housing and individual supports are offered to individuals who have a severe and persistent mental illness and have utilized the hostel or shelter system due to homelessness or who are imminent risk of homelessness. Individuals must be 16 years of age or older, have a severe and persistent mental illness and be homeless or at imminent risk of homelessness. Individuals must be assessed as needing and willing to work with a support service and have links to Etobicoke or York. Referral forms are available through Central Intake at SHIP 905-795-8742 or intake@shipshey.ca. Referrals can be made by shelters/hostels, hospitals, physicians, family members, mental health and community agencies and correctional services. Self-referrals are also accepted. For more information go to www.shipshey.ca .

<p>Gerrard Street Site 1845 Gerrard St E Toronto, ON M4L 2B6</p> <p>House Of Compassion 171 Shaw St Toronto, ON M6J 2W6</p> <p>Milan Street Site 270 Milan St Toronto, ON M5A 3Z6</p> <p>Oak Street Site 40 oak St Toronto, ON M5A 2C6</p>		<p>Gerrard building contains 20 self-contained units. It is for individuals who have the skills to live independently, but might want occasional staff support and an environment where they can socialize with other residents.</p> <p>House of Compassion provides 24/7 housing and support services for 21 individuals living with serious mental illness who wish to be a part of a community context.</p> <p>Milan building has 30 self-contained apartment units. It is for individuals who have the skills to live independently, but might want occasional staff support and an environment where they can socialize with other residents.</p> <p>The Oak Street site is also home to our Independent Living Program and is for individuals who have the skills to live independently.</p>
<p>Street Haven At The Crossroads Pembroke St Toronto, ON M5A 2N9 Website: www.streethaven.com</p> <p>Joubert House</p> <p>Grant House</p>	<p>416-967-6060 416-967-6060 ext 224 crisis emergency shelter</p> <p>416-640-1934</p> <p>416-960-9430 ext 322</p>	<p>Supportive housing -- permanent affordable housing for single women in 3 locations * bachelor, one bedroom units * capacity 32 * includes case management</p> <p>Joubert House is a six-bed residence for women who have histories of serious mental illness and homelessness. Residents must make a commitment to accept support counselling, to work towards further independence, to attend weekly house meetings, to participate in-group activities and to abstain from drugs and alcohol. Referral through The Access Point- 1-888-640-1934</p> <p>The six-month residential program, located at Grant House, serves women referred through community agencies and the correctional system. It follows a holistic, abstinence-based model encompassing mind-body-spirit modalities and provides in-depth individual and group counselling. Cannot be under the influence of drugs or alcohol.</p>
<p>Turning Point Youth 95 Wellesley St E Toronto, ON M4Y 2X9 Website: www.turningpoint.ca</p>	<p>416-925-9250</p>	<p>Residential and nonresidential programs * structured, individualized treatment * support and counselling * Youth Justice Services</p>

<p>Clifton House, Withrow House and Woodycrest House Turning Point Youth (Contd.) Redwood House</p>		<p>Residences * individual and family therapy * life skills * client focused * self-management skills * child welfare and young offender residents * rents geared to income * combined capacity 24 Transitional residential program for young men 16-24 years, able to live cooperatively and manage a personal budget * some support and instrumental assistance * monetary contribution required * capacity 8 * referral from agency, community or self-referral</p>
<p>YWCA Toronto- Website: www.ywcatoronto.org</p> <p>Elm Centre 87 Elm St Toronto, ON M5G 0A8</p> <p>1st Stop Woodlawn 80 Woodlawn Ave E Toronto, ON M4T 1W6</p>	<p>416-640-1934 416-961-8101 Ext. 397 Housing Intake</p>	<p>Offers a range of housing options, employment and training programs, community support programs, girls' programs and family programs; we also engage in systemic advocacy.</p> <p>Residence- includes 300 units of permanent housing for three different residents groups: 165 affordable rental units, 50 units for Indigenous women and their families (including 10 women-led families fleeing violence), and 85 units for women with mental health or concurrent mental health and substance use needs.</p> <p>Apply through Access Point, call 1-888-640-1934 or visit www.theaccesspoint.ca to download application</p> <p>Building provides 72 private rental rooms for long-term accommodation. The building also houses a shelter for women and transitional housing for women who require additional support.</p> <p>Access to the program is through YWCA Toronto's 1st Stop Woodlawn Shelter or The Access Point (416-640-1934/1-888-640-1934)</p> <p>For individuals with concurrent disorder clients ; homeless clients only ; serious mental illness clients only ; women only</p>

HOUSING ASSISTANCE – MENTAL HEALTH

The Safe Bed Short-Term Residential Bed Program (MENTAL HEALTH and JUSTICE BEDS)	416-248-4174	<p>Program run by – Canadian Mental Health Association, Toronto * 30 day stay with 24 hour supports</p> <p>Provides information on criteria, program locations and descriptions, bed availability and program contact numbers</p>
Toronto Mental Health and Addictions Access Point 661 Yonge St, 4th Fl Toronto, ON M4Y 1Z9 Website: theaccesspoint.ca	416-640-1934 1-888-640-1934	<p>Mental Health Supportive Housing Program - links to supportive housing with various levels of support including shared or independent housing, for individuals with mental health or mental health and addiction issues * must qualify for housing subsidy</p> <p>Mental Health and Justice Program - links to low support independent housing for individuals with serious mental health challenges, who are homeless or at risk of homelessness, and who have current involvement with the Criminal Justice system at time of intake * referral by priority referral source such as justice system professionals * must qualify for housing subsidy</p>
Toronto – Mental Health and Justice Rent Supplement 15 Toronto St, 9th Fl Toronto, ON M5C 2E3	1-888-640-1934	<p>This program provides support within housing for people with mental illness who have come in to contact with the criminal justice system</p> <p>Clients with legal issues only ; homeless clients only</p> <p>Referrals go through The Access Point</p>