### Mental Health Housing, Group Homes and Housing Assistance - Etobicoke

<table>
<thead>
<tr>
<th>Accommodation, Information and Support</th>
<th>416-504-3610</th>
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| 316-720 Spadina Ave  
Toronto, ON M5S 2T9  
www.aistoronto.ca |              |

Supportive housing for persons recovering from significant mental health problems and homelessness. Community support workers offer case management functions. Self-contained apartments. Community development program enhances independent living.

Locations:
- Bathurst St and Dupont St
- Broadview Ave and Queen St
- Coxwell Ave and Dundas St
- Shutter St and Mutual St

Permanent affordable housing for singles and families recovering from mental health challenges who have experienced homelessness. Support services include case management, trauma and spiritual care, a registered dietician, a bed bug & hoarding specialist and community development initiatives. Some units are accessible and some are designed for hearing-impaired clients. Model of service is client-centered recovery. Average length of stay is over 10 years * rent geared to income

Referrals for this program are made via The Access Point (416-640-1934/1-888-640-1934) * homeless clients ; serious mental illness clients only
| **Arrabon House** | **416-536-7037** | **Arrabon House:**  
Long term residential treatment program in group home environment * capacity 7 * links with counselling services, community health, education, employment, life skills training and recreation programs * aftercare program  

Contact intake worker at 416-536-7037 or referring worker can contact Centralized Access to Residential Services (CARS) at 416-482-7884  

Young women 13-18 years experiencing family conflict, mental health, behavioural and emotional issues, or survivors of physical or sexual abuse  

**Lanthier Place and Hope for Youth Aftercare Program:**  
Transitional apartment residence * capacity 9 -- 3 youth per unit * 1 year occupancy * independent living * weekly contact with mentor or outreach worker * monthly group meetings * rent geared to income  

Hope for Youth Aftercare Program  
Call mentor for community agency or self-referral * referral also through Centralized Access to Residential Services (CARS) at 416-482-7884  

Young women 16-24 years * must be in school, employed or in employment program * Hope for Youth Aftercare Program open to youth not residents of Lanthier Place  

| **Canadian Mental Health Association (CMHA) Toronto Branch** | **416-789-7957**  
1-888-640-1934 | **Canadian Mental Health Association (CMHA) Toronto Branch**  
North York – Lawrence Ave W – Housing Services  
Lawrence Square  
480-700 Lawrence Ave W  
North York, ON M6A 3B4  
www.toronto.cmha.ca  

Housing Services secures modest, affordable, permanent accommodations for eligible individuals. The Canadian Mental Health Association (CMHA) enters into arrangements with private landlords to lease self-contained apartment units that are in turn subleased. CMHA tenants pay rent based on Ontario Works (OW). The difference between what the tenants are able to pay and the actual rent is made up by this program through funds from the Ministry of Health and Long-Term Care. Referrals come from a variety of sources including shelters, court programs, community organizations, hospitals and self-referrals. The key to housing retention appears to be the support provided by housing workers (including 24-hour on-call support), community support staff and the cooperation of building management and neighbours.  

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*Arrabon House*  
29 Wilson Park Rd  
Toronto, ON M6K 3B6  
www.arrabonhouse.org
<table>
<thead>
<tr>
<th><strong>Canadian Mental Health Association (CMHA) (Contd)</strong></th>
<th><strong>The ability to live independently and a verifiable source of income are necessary for all of the units. The units are for individuals with a serious mental illness who are homeless or at risk of becoming homeless. These units are accessed through The Access Point (416-640-1934/1-888-640-1934)</strong></th>
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<tr>
<td><strong>Canadian Mental Health Association (CMHA) Toronto Branch</strong>&lt;br&gt;North York – Wilson Ave&lt;br&gt;The Safe Bed Short-Term Residential Bed Program (Mental Health and Justice Beds)&lt;br&gt;940 Wilson Ave&lt;br&gt;North York, ON M3K 1E7&lt;br&gt;www.toronto.cmha.ca</td>
<td><strong>416-248-4174</strong>&lt;br&gt;Provides individuals living with mental illness with recent or current involvement with the criminal justice system with a 30-day stay with onsite 24-hour supports to assist in resolving the current crisis and creating strategies for long-term interventions. The 8-bed unit located in North York is part of a 34-bed network providing services across four quadrants of Toronto. The program also houses the Safe Bed Unit Registry which provides information on criteria, program locations and descriptions, bed availability and program contact numbers&lt;br&gt;To access this program contact the Safe Bed Unit Registry 416-248-4174&lt;br&gt;Clients with legal issues only; homeless clients&lt;br&gt;Primarily for individuals residing in North York, Secondary for all of Ontario**</td>
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<tr>
<td><strong>Chai-Tikvah Foundation (The)</strong>&lt;br&gt;37 Stonedene Blvd&lt;br&gt;North York, ON M2R 3C6&lt;br&gt;www.chaitikvah.org</td>
<td><strong>416-665-0482</strong>&lt;br&gt;Staff on Duty-Intake Worker&lt;br&gt;416-640-1934&lt;br&gt;The Jerry Turk fellowship house operates on a reality-based rehabilitation approach. Staff assists the members to improve practical skills such as cooking, money management, household cleaning, personal hygiene, group decision making, individual goal setting and use of medication. Members plan and participate in house meetings and group outings. They also attend individual programs outside the house. In order to help members cope with mental illness, staff provides education regarding the illness, signs and symptoms, medication, etc. Members are encouraged to discuss feelings regarding their illnesses in individual and group programs. Chai Tikvah acknowledges the importance of family ties, staff helps members and families improve mutual communication and interaction skills. In order to help members retain and develop their Jewish cultural identities, the home observes Jewish tradition, such as kosher food laws and festivals. Participation at community facilities such as the J.C.C. and synagogues are also encouraged. Average length of stay is 10 to 15 years, to an indefinite period of time**</td>
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<tr>
<td>Chai-Tikvah Foundation (Contd)</td>
<td>Referrals accepted from self, family or professionals. Referral is through The Access Point (416-640-1934/1-888-640-1934). Clients must be stable on medication and be cognitively or emotionally impaired, due to mental illness and under the care of a psychiatrist. Clients must be stabilized, willing and able to learn living skills, potential for rehabilitation. No waiting list, only advertised if there is an opening. Ten page application. Initial staff interview, followed by house visit for acceptable applicant</td>
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<td><strong>COTA</strong>&lt;br&gt;425 Sherbourne St&lt;br&gt;Toronto, ON M4X 1K5&lt;br&gt;www.cotainspires.ca</td>
<td><strong>Adams House</strong>: supportive housing program provides rent subsidized accommodation and support for 20 men and 6 women living with mental health challenges.&lt;br&gt;&lt;br&gt;<strong>Bailey House</strong>: supportive housing program provides rent subsidized accommodation and support for 10 men living with mental health challenges and co-occurring diabetes or pre-diabetic conditions&lt;br&gt;&lt;br&gt;Each tenant has his/her own bedroom and shares a bathroom and kitchenette with two or three other tenants. Cota Health provides on-site support during the day, seven days per week. Overnight security is on-site seven nights per week. The staff work collaboratively with tenants, their families, the landlord and other clinicians, as appropriate, to assist tenants to: develop an individual safety and housing support plan; maintain their housing stability and a healthy housing environment; acquire and/or maintain the skills necessary for daily living; participate in health promotion and community development activities such as tenant meetings, structured educational events and social activities; resolve situational problems/disputes; link to other desired community services/supports, as needed; achieve/maintain optimum health and wellness; and pursue personal recovery. Cota Health provides one meal per day on Saturday, Sunday and Monday. Tenants are responsible for their own meals outside of these scheduled times&lt;br&gt;&lt;br&gt;<strong>Adam’s House</strong>: All referrals go through The Access Point (416-640-1934/1-888-640-1934). Men and women 16 years of age or older living with serious mental illness who are homeless, or at significant risk of becoming homeless. All tenants must also have ongoing support from an external support worker</td>
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<td>COTA (Contd)</td>
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**Eden Community Homes (Contd)**

Main source of referral is our partnership program which is the Hostel Outreach Program which is part of Fred Victor Centre. If they are not able to provide us with referrals we accept referrals from The Access Point (416-640-1934/1-888-640-1934). In order to be referred to the program, interested applicants must contact The Access Point. Our house is a licensed rooming house of the City of Toronto. All residents pay rent which is determined by the Ministry of Health and Long term Care. Please note the house is not wheelchair accessible.

**George Hull Centre for Children and Families**
81 The East Mall, 3rd Fl
Etobicoke, ON M8Z 5W3
www.georgehullcentre.on.ca

Support to children and their families facing mental health issues * 18 years and below

**Residential Services:**
- **Libby's Place** – for girls * offers a high degree of structure for its six residents, ages 11 to 17
- **The Boys House** - offers residential treatment to eight boys, ages 12 – 16

Emphasis on relationship-based programming * length of stay is one to two years. The program reflects a Centre-wide commitment to competency-based approaches to treatment. Family involvement is encouraged at every level of the program * all residents have access to the Centre’s school

**Habitat Services (Mental Health Program Services of Metropolitan Toronto)**
301-2238 Dundas St W
Toronto, ON M6R 3A9
www.habitatservices.org

416-537-2721

Habitat Services matches potential tenants to contracted boarding homes and rooming houses. Habitat Services enters into contractual agreements with selected owners/operators of boarding homes/rooming houses and provides funding to them. Habitat staff monitors established standards and the provision of quality care based on contractual obligations. Habitat provides housing support services to tenants in eleven Habitat boarding homes, two shared and 13 self-contained apartments

Habitat funded boarding homes provide meals, 24-hour staffing, and housekeeping services. About half of the bedrooms in the portfolio are shared by two tenants and about half are single bedrooms. Individual boarding homes differ, with some offering more single room occupancy than others. Most generally accommodate both men and women, however some boarding homes house men or women only. There are two shared apartment units within the Habitat portfolio with single room occupancy. These provide
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<th><strong>Habitat Services (Mental Health Program Services of Metropolitan Toronto) (Contd)</strong></th>
<th><strong>more independent living, with fewer services for tenants, and meals are not provided. The portfolio also includes 13 self-contained apartments. On-site support services for tenants in Habitat funded homes are available from housing support staff of Habitat or Cota Health. Site support workers make regularly scheduled visits to homes and offer group social and recreational opportunities to tenants. Site support workers may also provide some individual assistance to tenants. Habitat is not an emergency service but is intended to be permanent housing and tenants pay room and board charges directly to their landlord. The average length of stay is indefinite and residents have rights and responsibilities as tenants under the Residential Tenancies Act. Referral is through The Access Point (416-640-1934/1-888-640-1934).</strong></th>
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| **House of Compassion of Toronto** 169 Shaw St Toronto, ON M6J 2W6 www.hoctoronto.com | **Administrative** 416-536-2811 **Residential** 416-532-0550 **Permanent supportive housing * congregate living with single rooms * capacity 21--8 men and 13 women * support staff on-site 24 hours * harm reduction/recovery model * support with daily living activities including meals and medication * community linkages**  
**Professional referral required * supportive housing -- apply through Access Point, call 1-888-640-1934 or visit www.theaccesspoint.ca to download application**  
**Single men and women, with severe and persistent mental illness, who require a high level of support to live in the community * must be ambulatory** |
| **Jewish Family and Child** Lipa Green Centre 4600 Bathurst St, 1st Fl Toronto, ON M2R 3V3 www.jfandcs.com | **416-638-7800**  
**Co-op apartment for 4 males who are socially disabled or ex-psychiatric patients -- subsidies available** |
| **LOFT Community Services** 15 Toronto St, 9th Fl Toronto, ON M5C 2E3 www.loftcs.org | **416-979-1994**  
**Serving individuals 16 and older with complex needs including mental health, addiction, cognitive and physical health challenges, social isolation, homelessness and poverty * services include supportive housing, community support and outreach, case management, care coordination and system navigation**  
**Beverly Lodge: 69 Beaty Ave, Toronto, ON M6K 3B3** |
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<tr>
<th>Service Name</th>
<th>Description</th>
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<td>LOFT Community Services (Contd)</td>
<td>High support residential program for male youth between ages 14 - 18 who are homeless and lack resources. The program is goal focused and provides a safe environment where the youth can work on developing the necessary skills for independent living. For clients with legal issues; homeless clients; men only; youth only</td>
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<td>Beverly Lodge – Co-op Housing:</td>
<td>Residential program for male youth between ages 16 - 24 who are homeless and lack resources. The program is goal focused and provides a safe environment where the youth can work on developing the necessary skills for independent living. The program is for clients who require less support, or who are graduating from Beverley Lodge but still need some support. Program is divided into three co-op houses with five residents each. Senior residents provide support and liaise with co-op housing support coordinator</td>
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<td>Dunn Avenue Supportive Housing:</td>
<td>70-unit long-term supportive housing apartment * case management for tenants with mental illness Supportive services: assistance with meal preparation, essential housekeeping, personal care, laundry, medication reminders, social and recreational activities, crisis intervention, emergency response, escort to medical appointments * rent geared to income * supportive housing services are free Tenants of Dunn Avenue Apartments 55 years and older who require access to on-site supportive housing services * also acute care mental health patients with the Alternate Level of Care (ALC) designation who need housing and case management</td>
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<td>John Gibson House:</td>
<td>provides high-support housing for 38 of the most vulnerable, at-risk and frail older adults and seniors in the community. The program offers 24-hour on-site staffing and access to services for seniors with serious mental illness. JGH assists them with health and medical concerns, mental illness, and substance abuse problems and other related issues. The communal dining program at</td>
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<tr>
<td>Service Provider</td>
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<td><strong>LOFT Community Services (Contd)</strong></td>
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| **JGH** provides affordable and nutritious meals. Personal Support Workers provide practical assistance and care to residents, including personal care, housekeeping, laundry and escorts to appointments, enabling them to remain in the community as they age. |

**Stepping Stone Project:**
Long term supportive housing and services
- capacity 38
- housekeeping
- personal care
- laundry
- medication support
- social and recreation activities
- crisis intervention
- emergency response
- outreach
- case management
- meals, including congregate dining open to seniors in the community

**John Gibson/Stepping Stone:** For individuals with Concurrent Disorder Clients; Homeless Clients; Older Adults Only; Psycho-geriatric Clients Only

**McEwan Housing and Support Services:** 20 Dundonald St, Toronto, ON M4Y 1K2
Provides supportive housing and community support to people living with HIV/AIDS and mental health and/or addiction issues
- services include recovery, peer support and psychosocial rehabilitation
For individuals aged 16 and older, of all gender identities and sexual orientations, living with HIV or AIDS, who have mental health or addiction issues or both, and are homeless or at risk of becoming so

**Mental Health and Justice Initiative:** 903 O’Connor Dr, Toronto, ON M4B 2S7
Part of the Mental Health and Justice network, this program provides intense support to people with mental health issues with involvement in the justice system
- referrals are made through the Coordinated Access to Supportive housing
For individuals aged 16 to 64 with serious mental health issue are homeless or at risk of becoming so, are currently involved in the criminal justice system

**Mount Dennis Supported Housing Services:** 101 Humber Blvd S, Unit 302 Toronto, ON M6N 2H5
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<tr>
<th>LOFT Community Services (Contd)</th>
<th>Pelham Park Gardens – Pelham Park Hub: 61 Pelham Park Gardens, Ground Fl, Toronto, ON M6N 1A8</th>
<th>60-unit (each building) long-term supportive housing services * episodic support open capacity * service coordination and case management</th>
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<td>Supportive services: assistance with meal preparation, essential housekeeping, personal care, laundry, medication reminders, social and recreational activities, crisis intervention, emergency response, escort to appointments, psychogeriatric case management, addictions support, 24-hour on-site support worker</td>
<td>For At-risk adults and older adults, living in Toronto Community Housing Mount Dennis Apartments who require access to on-site supported housing services * also people with complex challenges including mental illness, addiction, chronic physical health issues, social isolation, cultural dislocation, abuse and abandonment</td>
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<tr>
<td>Margaret’s Housing and Community Support Services</td>
<td>St George House: 316 St George St, Toronto, ON M5R 2P5</td>
<td>A high support supportive living site for people with mental health and addiction challenges * home to 26 adults with psychiatric illness and histories of homelessness or the risk of homelessness * services include meal preparation, supervision of medications, assistance with personal care activities, and individualized support, with a strong emphasis on Recovery principles * intakes are processed through Habitat Services</td>
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Margaret’s Housing and Community Support Services
301 Broadview Ave
Toronto, ON M4M 2G8
www.margarets.ca

416-463-1481

This program offers a spectrum of permanent supportive housing options including individual and congregate living style. Support available on site twice a week or as needed

For individuals with serious mental illness only ; women only
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<tr>
<th>New Vision Toronto</th>
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<tbody>
<tr>
<td>250 The Esplanade, The Mill, Ste 101</td>
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<tr>
<td>Toronto, ON M5A 1J2</td>
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<tr>
<td><a href="http://www.newvisionstoronto.com">www.newvisionstoronto.com</a></td>
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<td><strong>416-868-1493</strong></td>
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<tr>
<td>Supports for older adults, and adults with disabilities * helps people remain independent in their own homes for as long as possible * referral to other community services</td>
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<td>Group home with 24-hour personal care, basic homemaking, assistance with the activities of daily living</td>
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<td>For adults 18 years and over who have severe developmental disabilities, with both mental and physical disabilities * no destructive or severe behavioural problems</td>
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<td>Residential program provides homes for individuals in 15 locations</td>
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<tr>
<th>Oakdale Child and Family Services</th>
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<tr>
<td>291 Chisholm Ave</td>
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<td>Toronto, ON M4C 4W5</td>
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<td><a href="http://www.oakdaleservices.com">www.oakdaleservices.com</a></td>
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<td><strong>416-699-5600</strong></td>
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<td>Short or long term residential care in 11 houses in Toronto, Barrie and Stouffville * individual and group programming, including special needs consultants * client group and program varies for each house -- life skills, behaviour modification, sensory integration, speech and language, independence training, community integration, vocational workshop training</td>
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<td>Referral from Children’s Aid Society</td>
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<tr>
<td>For mentally challenged children and youth 6 years and older with autism and/or developmental disabilities, including psychological and emotional disturbances, multiple disabilities</td>
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<tr>
<th>Parkdale Activity-Recreation Centre (PARC)</th>
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<tr>
<td>1499 Queen St W</td>
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<td>Toronto, ON M6R 1A3</td>
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<td><a href="http://www.parc.on.ca">www.parc.on.ca</a></td>
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<td><strong>416-537-2262</strong></td>
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<tr>
<td>10 units of supportive housing for adults that struggle with mental health and addictions concerns. Because housing is so much more than just a roof overhead, PARC has community mental health staff dedicated to supporting and works with these tenants on their personal health and recovery plans. This means working with tenants on issues of physical and mental health, reducing harm around substance use and helping them to navigate systemic barriers of stigma and discriminations. Recovery is of course a relative term. In many ways it’s the small things that matter and make all the difference when it comes to creating a sense of place and home for tenants at PARC</td>
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<tr>
<td>Referrals are accepted from all sources. All referrals are coordinated through The Access Point (416-640-1934/1-888-640-1934)</td>
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<td>Organization</td>
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| **Poverello Charities Ontario**                  | **416-366-2952** | **Housing** -- private room and partial board for long term consumers/survivors of the mental health system * residents help prepare food for communal meals and share in care of house * total capacity 20 * **Little Portion Vacation Centre** -- 9 Dutcher Dr, Elmvale ON (west of Elmvale) for consumers/survivor groups of 10 at nominal fee  
Housing -- call 416-504-5019          |
| **Reconnect Community Health Services**          | **416-248-2050** | Supportive Housing Etobicoke/York is a partnership between Reconnect, the Trillium Health Centre and Supportive Housing Peel (SHIP). Through the SHEY program, housing and individual supports are offered to individuals who have a severe and persistent mental illness and have utilized the hostel or shelter system due to homelessness or who are imminent risk of homelessness. Units are leased on behalf of individuals by SHIP and support services are offered by a housing support worker through the Trillium Health Centre or Reconnect. Model of service is case management and recovery  
Individuals must be 16 years of age or older, have a severe and persistent mental illness and be homeless or at imminent risk of homelessness. Individuals must be assessed as needing and willing to work with a support service and have links to Etobicoke or York. Referral forms are available through Central Intake at SHIP 905-795-8742 or intake@shipsh@shipshey.ca. Referrals can be made by shelters/hostels, hospitals, physicians, family members, mental health and community agencies and correctional services. Self-referrals are also accepted. For more information go to www.shipshey.ca. |
| **Supportive Housing Etobicoke/York**            |                  | **Primary Support Unit** -- respite, crisis stabilization and 24 hour support for homeless men experiencing difficulties related to emotional or mental health * no suicidal or homicidal intent * medical and psychiatric consultations as needed * assistance in pursuing identified goals * length of stay up to 3 weeks * capacity 10  
Hostel services * short or long term stay * capacity 280 * includes counselling, meals, addiction support services, assistance finding employment and housing * clothing room * ID clinic * chapel services |
| **Salvation Army – Maxwell Meighen Centre**      | **416-366-2733** | Hostel services * short or long term stay * capacity 280 * includes counselling, meals, addiction support services, assistance finding employment and housing * clothing room * ID clinic * chapel services  
Primary Support Unit -- respite, crisis stabilization and 24 hour support for homeless men experiencing difficulties related to emotional or mental health * no suicidal or homicidal intent * medical and psychiatric consultations as needed * assistance in pursuing identified goals * length of stay up to 3 weeks * capacity 10 |

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<th><strong>Salvation Army – Maxwell Meighen Centre</strong>&lt;br&gt;(Contd)</th>
<th><strong>Transition to Housing Program</strong>&lt;br&gt;--- capacity 45 * clients who are chronically homeless * referral from shelter&lt;br&gt;For Men 18 years and older, must be ambulatory</th>
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<tr>
<td><strong>Skylark Children, Youth and Families</strong>&lt;br&gt;591 Huron St&lt;br&gt;Toronto, ON M5R 2R8&lt;br&gt;www.oolagen.org</td>
<td><strong>Richard Kalesky House</strong>&lt;br&gt;Residential treatment * life skills * emotional counselling * capacity 7&lt;br&gt;For young men and women 13-18 years who are struggling with complex mental health and developmental needs and require residential treatment</td>
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<td><strong>Society of St Vincent De Paul</strong>&lt;br&gt;229 Manning Ave&lt;br&gt;Toronto, ON M6J 2K8&lt;br&gt;www.ssvptoronto.ca</td>
<td><strong>St Francis Residence</strong>&lt;br&gt;Post-psychiatric residence for men and women * capacity 24&lt;br&gt;Apply through Access Point, call 1-888-640-1934&lt;br&gt;For men and women with a history of mental health problems</td>
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<td><strong>St Jude Community Homes</strong>&lt;br&gt;431 Dundas St E&lt;br&gt;Toronto, ON M5A 2B1&lt;br&gt;www.sjch.ca</td>
<td><strong>St Jude Community Homes – Locations</strong>&lt;br&gt;Lower Level, 431 Dundas St E, Toronto, ON M5A 2B1&lt;br&gt;270 Milan St, Toronto, ON M5A 3Z6&lt;br&gt;1845 Gerrard St E, Toronto, ON M4L 2B6&lt;br&gt;171 Shaw St, Toronto, ON M6J 2W6&lt;br&gt;40 Oak St, Toronto, ON M5A 2C6&lt;br&gt;Provides quality supportive housing to single individuals living in Toronto area living with severe mental illness. The organization follows a community development model of housing that promotes individual as well as community development in order to promote recovery and improve quality of life. Model of service is psychosocial rehabilitation and recovery model. The average length of stay is 10 years</td>
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<td><strong>St Jude Community Homes (Contd)</strong></td>
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<td><strong>Street Haven At The Crossroads</strong>&lt;br&gt;Pembroke St&lt;br&gt;Toronto, ON M5A 2N9&lt;br&gt;www.streethaven.com</td>
<td><strong>416-640-1934</strong></td>
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<td><strong>Turning Point Youth</strong>&lt;br&gt;95 Wellesley St E&lt;br&gt;Toronto, ON M4Y 2X9&lt;br&gt;www.turningpoint.ca</td>
<td><strong>416-925-9250</strong></td>
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<tr>
<td>Turning Point Youth (Contd)</td>
<td>Mental Health Housing, Group Homes and Housing Assistance – Etobicoke</td>
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<td>welfare and young offender residents * rents geared to income * combined capacity 24</td>
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<td><strong>Redwood House</strong> -- transitional residential program for young men 16-24 years, able to live cooperatively and manage a personal budget * some support and instrumental assistance * monetary contribution required * capacity 8 * referral from agency, community or self-referral</td>
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<td><strong>Shelter</strong> -- short term emergency residence for young men 16-24 years * food * supportive counselling * referrals * evening and day programming * housing support * employment and community support * capacity 35</td>
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<td>Residential treatment, mental health counselling and other nonresidential services -- youth 12-18 years living with mental health issues, homelessness, or conflict with the law and their families * some programs up to 24 years</td>
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<tr>
<th><strong>Youthdale Treatment Centre</strong></th>
<th>416-368-4896</th>
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<tr>
<td>227 Victoria St</td>
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<td>Toronto, ON M5B 1T8</td>
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<td><a href="http://www.youthdale.ca">www.youthdale.ca</a></td>
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<td>Residential treatment centres in various locations for youth 12-18 years with emotional, behavioural and adjustment difficulties</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>YWCA Toronto</strong></th>
<th>416-640-1934 Housing Intake</th>
</tr>
</thead>
<tbody>
<tr>
<td>87 Elm St</td>
<td></td>
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<tr>
<td>Toronto, ON M5G 0A8</td>
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<tr>
<td><a href="http://www.ywcatoronto.org">www.ywcatoronto.org</a></td>
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<tr>
<td>416-961-8101 ext 397</td>
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<tr>
<td>Provides supportive housing to single women and women with children who have mental health and/or substance use issues in an inclusive and mixed community. Set in downtown Toronto, the Centre offers affordable homes to low-income women and their families, women living with mental health and addiction issues and families of Aboriginal ancestry. Support services for women in designated units include case management and system navigation provided in partnership The Jean Tweed Centre, as well as a range of capacity-building and community-engagement activities to support social inclusion and overall wellbeing. Culturally-specific programming for women of Aboriginal descent is available for residents</td>
<td></td>
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</tbody>
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<table>
<thead>
<tr>
<th><strong>Elm Centre Residence</strong></th>
<th>Housing and Support - 150 Elizabeth St, Toronto, ON M5G 0B1</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Permanent affordable housing</strong> -- private, self-contained units including one, two and three bedroom unfurnished apartments * capacity 165</td>
<td></td>
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</tbody>
</table>
**Supportive housing** --- on-site individual support * connection to mental health, addiction and health services * capacity 85

**Winona's Place, Apartments for Aboriginal Women** -- capacity 50, including 10 units for women fleeing violence * in partnership with Wigwamen

**Affordable housing** -- visit website to download application or contact housingintake@ywcatoronto.org * income assessment and interview required * **Supportive housing** -- apply through Access Point, call 1-888-640-1934 or visit www.theaccesspoint.ca to download application * **Winona’s Place** -- contact Wigwamen, 416-481-4451

Intake for this program is through The Access Point (416-640-1934/1-888-640-1934)

For women 16 years and older * affordable housing -- single women and women-led families with modest income * supportive housing -- women living with mental health challenges and/or addictions * Winona Place -- single women and families of Aboriginal ancestry

**Woodland Avenue** - 80 Woodlawn Ave E, Toronto, ON M4T 1W6
A community housing support program for women offering rent supplements and intensive case management support in South Etobicoke and surrounding area. This program provides 30 scattered, private market apartments for women living with mental illness or concurrent disorders. Rent supplements to ensure housing affordability are combined with intensive case management support to address the immediate crisis and long-term support needs of homeless women. Support is offered to transition from emergency shelter to independent housing. Ongoing case management support is available for as long as the client requires it. Through a trauma focused model of support, integrated housing and shelter programs with counselling and support services are specialized to meet the unique needs of women who have experienced violence and trauma and to offer supports for women to develop skills to live independently. Staff engages in long-range planning for women in crisis, life skills counselling and job training to support their
YWCA Toronto (Contd)

| transition to permanent housing and to facilitate access to critical community resources including health, social services, legal support and mental health and addictions programs and supports. Women in this program have access to the full range of support services offered by YWCA Toronto, including housing and support programs, employment and skills development programs, and girls and family programs |
| Access to the program is through YWCA Toronto’s 1st Stop Woodlawn Shelter or The Access Point (416-640-1934/1-888-640-1934) |
| For individuals with concurrent disorder clients; homeless clients only; serious mental illness clients only; women only |
### Housing Assistance — Mental Health

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centralized Access to Residential Services</td>
<td>416-482-7884</td>
<td>Intake to Aarabon House and Lanthier Place</td>
</tr>
<tr>
<td>Safe Bed Unit Registry</td>
<td>416-248-4174</td>
<td>The Safe Bed Short-Term Residential Bed Program (Mental Health and Justice Beds) – Canadian Mental Health Association, Toronto * 30 day stay with 24 hour supports</td>
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<tr>
<td></td>
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<td>Provides information on criteria, program locations and descriptions, bed availability and program contact numbers</td>
</tr>
<tr>
<td><strong>Toronto Mental Health and Addictions Access Point – The Access Point</strong></td>
<td><strong>416-640-1934</strong></td>
<td><strong>Supportive Housing:</strong></td>
</tr>
<tr>
<td></td>
<td><strong>1-888-640-1934</strong></td>
<td><strong>Mental Health Supportive Housing Program</strong> - links to supportive housing with various levels of support including shared or independent housing, for individuals with mental health or mental health and addiction issues * must qualify for housing subsidy</td>
</tr>
<tr>
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<td></td>
<td><strong>Mental Health and Justice Program</strong> - links to low support independent housing for individuals with serious mental health challenges, who are homeless or at risk of homelessness, and who have current involvement with the Criminal Justice system at time of intake * referral by priority referral source such as justice system professionals * must qualify for housing subsidy</td>
</tr>
<tr>
<td>Toronto Mental Health and Addictions Access Point – The Access Point (Contd)</td>
<td></td>
<td>Referrals go through The Access Point</td>
</tr>
<tr>
<td>Toronto – Mental Health and Justice Rent Supplement</td>
<td>1-888-640-1934</td>
<td>This program provides support within housing for people with mental illness who have come in to contact with the criminal justice system</td>
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<tr>
<td></td>
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<td>Clients with legal issues only ; homeless clients only</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Referrals go through The Access Point</td>
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</table>