

## PALLIATIVE CARE — HOSPITAL BASED ETOBICOKE

| Name  | Phone No                  | Description   |
|---|---------------------------|---|
| William Osler Health System Etobicoke General Hospital Supportive Palliative Care - Inpatient Unit and Inpatient Consultation Service 101 Humber College Blvd Etobicoke, ON M9V 1R8 www.williamoslerhs.ca/patients-and- families/progra | 416-494-2120<br>ext 33450 | Palliative Care Inpatient unit (12 beds) at Etobicoke General Hospital provides: complex and acute pain and symptom management, psychological support to patients, caregivers and families, care and comfort at the end of life, admission direct from home to the inpatient unit for patients with advanced illness who are already registered with one of our palliative care physicians, support with discharge planning, including discharge home or other facilities, culturally sensitive care that respects the patient's beliefs, values and preference  Inpatient Consultation Service is available to patients admitted to hospital and their families * hospital team can provide: recommendations to optimize pain and other symptoms, information around what to expect discussions regarding options, and establish goals of care, transfer to the acute palliative care unit for management of complex symptoms or end of life care, support with planning for palliative care at home or other facilities, follow up in Osler's outpatient clinic |

| Name   | Phone No                       | Description  |
|--|--------------------------------|--|
| William Osler Health System, Etobicoke General Hospital - Supportive Palliative Care - Outpatient Service 101 Humber College Blvd Etobicoke, ON M9V 1R8 www.williamoslerhs.ca/patients-and- families/progra  | 416-494-2120<br>Ext. 50801     | Outpatient Services: offered in clinic setting and in the home when patients are no longer physically able to come to the clinic, complex pain and symptom management, support with establishing goals of care and advanced care planning, support with addressing one's physical, spiritual, emotional, social and informational needs, support for patients and families facing difficult end of life decisions such as withdrawal of treatment, procedures such as paracentesis and blood transfusions  Referral Form: Outpatient Service - Palliative Pain and Symptom  Management |
| Trillium Health Partners - Credit Valley Hospital - Carlo Fidani Regional Cancer Centre Mississauga Halton Central West Regional Cancer Program 2200 Eglinton Ave W, 4th Fl. Mississauga, ON L5M 2N1 trilliumhealthpartners.ca/patientserv ices/cancerse | 905-813-2200<br>1-877-292-4284 | Specialized treatment centre for individuals living with cancer  Services include: consultation with an oncologist, treatment for cancer including, chemotherapy or radiology, special procedures, supportive care, pain and symptom control, palliative care, follow-up care, exercise, educational and support sessions  Contact REACT clinic, if experiencing complications from the treatment, feeling unwell and need to be seen urgently   |
| Baycrest Hospital - Ben and Hilda Katz Building-Palliative Care Unit 3560 Bathurst St Toronto, ON M6A 2E1 www.baycrest.org/Baycrest/Healthca re-Programs-Serv  | 416-785-2500<br>ext 2329       | 31 bed palliative care unit * health care and support services for patients and their families requiring end of life care * application for short term pain and symptom management may be considered  Co-payment charges apply to all long-stay admission * short-stay co-payments if stay exceeds 90 days   |
| Michael Garron Hospital - Palliative Care Unit 825 Coxwell Ave Toronto, ON M4C 3E7 www.tehn.ca/programs- services/complex-continuing-c   | 416-469-6580<br>ext 2345       | Symptom and pain management * focus on the patients' emotional, psychosocial and spiritual health needs * inter-professional team includes physicians, respirologists, nurse practitioners, nurses, personal care workers, respiratory therapists, physiotherapists, occupational therapists, speech language pathologists, dietitians, pharmacists, social workers, psychiatrist, inter-faith chaplains, bioethicist and volunteers   |

| Name  | Phone No                 | Description   |
|---|--------------------------|---|
| Salvation Army - Toronto Grace Health Centre Hillcrest Centre 47 Austin Terrace Toronto, ON M5R 1Y8 www.torontograce.org/programs- services/pallative-c                           | 416-925-2251             | 16-20 bed palliative care unit * 3 ward rooms * 3 private rooms * 2 semi- private rooms * health care and respite services for patients and families requiring pain management or end-of-life care Patient and Family Services: Individual counselling, Pet therapy, Recreational Therapy, Relaxation and meditation Bereavement Services: Individual counselling, Referral to existing community bereavement supports Respite Services (Paid): Emergency and planned short term, Time- limited (up to 2 weeks) break for families and caregivers |
| Sinai Health System Bridgepoint Active Healthcare - Bridgepoint Hospital Palliative Care 1 Bridgepoint Dr Toronto, ON M4M 2B5 www.bridgepointhealth.ca/en/what- we-do/inpatient-c | 416-461-8251<br>ext 2064 | Provides support and care to individuals in the end stages of terminal illness such as cancer, kidney failure, advanced stages of a chronic disease and HIV/AIDS * helps individuals manage physical pain and offers respite support for families   |
| St Michael's Hospital 30 Bond St Toronto, ON M5B 1W8 www.stmichaelshospital.com/program s/palliative  | 416-864-5226             | 10 bed palliative care unit * 6 private rooms * 4 semi-private rooms * health care and support services for patients and their families requiring end-of-life care * kitchen * whirlpool bath * laundry facilities * private meeting rooms  Patient and Family Services: Inpatient palliative care consult services, Individual counseling, Pet therapy, Therapeutic touch  Bereavement Services Available: Individual counseling, Referral to existing community bereavement supports  |
| Sunnybrook Health Sciences Centre 2075 Bayview Ave Toronto, ON M4N 3M5 www.sunnybrook.ca/content/?page=ve terans-palliativ  | 416-480-6182             | 21-25 bed palliative care unit * 8 private rooms * 16 semi-private rooms * health care and support services for patients and their families requiring end of life care * kitchen * quiet room * laundry facilities Patient and Family Services: Inpatient palliative care consultation service, Art therapy, Individual counselling, Music therapy, Pet therapy, Recreational therapy  Bereavement Services Available: Individual counselling, Referral to existing community bereavement supports  |

| Name   | Phone No                 | Description  |
|--|--------------------------|--|
| University Health Network Princess Margaret Cancer Centre 610 University Ave Toronto, ON M5G 2M9 www.uhn.ca/PrincessMargaret/Patien tsFamilies/Clini   | 416-946-2096             | 11-15 bed palliative care unit * 10 private rooms * 1 semi-private room * health care and support services for patients and their families requiring pain and symptom management or, end-of-life-care * pain and symptom management * psychosocial and spiritual support * referral to home nursing and palliative care services * advance care planning  Patient and Family Services: Inpatient palliative care consultation services, Palliative care outpatient clinic, Music therapy, Relaxation and meditation, Therapeutic touch |
| University Health Network Toronto Rehabilitation Institute EW Bickle Centre for Complex Continuing Care 130 Dunn Ave Toronto, ON M6K 2R7 www.uhn.ca/TorontoRehab/PatientsF amilies/Inpatient | 416-597-3422<br>ext 2504 | 10-bed palliative care unit which has 6 private and 3 semi-private rooms * interdisciplinary team that addresses such areas as pain management, symptom control, physical comfort and emotional, psychological and spiritual needs * facilities include a sleeper chair so family member can stay overnight, a shower for families, a family lounge with a television, fridge and microwave and a quiet room   |