

## PALLIATIVE CARE — HOSPITAL BASED WOODBRIDGE

Acute Palliative Care Inpatient Unit (12 beds) at Etobicoke General Hospital
Acute Palliative Care Inpatient Unit (14 beds) at Brampton Civic Hospital  Provides: complex and acute pain and symptom management, psychological support to patients, caregivers and families, care and comfort at the end of life, admission direct from home to the inpatient unit for patients with advanced illness who are already registered with one of our palliative care physicians, support with discharge planning, including discharge home or other facilities, culturally sensitive care that respects the patient's beliefs, values and preference  Inpatient Consultation Service is available to patients admitted to hospital and their families * hospital team can provide: recommendations to optimize pain and other symptoms, information around what to expect, discussions regarding options, and establish goals of care, transfer to the acute palliative care unit for management of complex symptoms or end of life care, support with planning for palliative care at home or

Name	Phone No	Description
William Osler Health System Etobicoke General Hospital - Supportive Palliative Care - Outpatient Service 101 Humber College Blvd Etobicoke, ON M9V 1R8 www.williamoslerhs.ca/patients-and- families/progra 2100 Bovaird Dr E, Brampton, ON	416-494-2120 ext 50801	Outpatient Services: offered in clinic setting and in the home when patients are no longer physically able to come to the clinic, complex pain and symptom management, support with establishing goals of care and advanced care planning, support with addressing one's physical, spiritual, emotional, social and informational needs, support for patients and families facing difficult end of life decisions such as withdrawal of treatment, procedures such as paracentesis and blood transfusions  Referral Form: Outpatient Service - Palliative Pain and Symptom  Management
Trillium Health Partners - Credit Valley Hospital - Carlo Fidani Regional Cancer Centre Mississauga Halton Central West Regional Cancer Program 2200 Eglinton Ave W, 4th Fl Mississauga, ON L5M 2N1 trilliumhealthpartners.ca/patientserv ices/cancerse	905-813-2200 1-877-292-4284	Specialized treatment centre for individuals living with cancer  Services include: consultation with an oncologist, treatment for cancer including, chemotherapy or radiology, special procedures, supportive care, pain and symptom control, palliative care, follow-up care, exercise, educational and support sessions  Contact REACT clinic, if experiencing complications from the treatment, feeling unwell and need to be seen urgently
North York General Hospital Freeman Centre for the Advancement of Palliative Care 4001 Leslie St Toronto, ON M2K 1E1 www.nygh.on.ca/Default.aspx?cid=104 5⟨=1	416-756-6000 ext 4138	Offers: in home care for adults living with advanced cancer, in hospital care with 6 dedicated short-term oncology palliative care beds, hospital wide consultation, expert care to relive distressing physical symptoms, spiritual, psychosocial and emotional symptom relief, education and assistance with treatment choices and decisions, coordination of support services, counseling and support for patient and family, follow-up bereavement support
Southlake Regional Health Centre Stronach Regional Cancer Centre Palliative and Supportive Care 596 Davis Dr, Level 1 Newmarket, ON L3Y 2P9 www.southlakeregional.org/cancer	905-895-4521 ext 6080	Provides end-of-life support for patients and their families * services offered include: pain and symptom management, caregiver support, psychological, cultural, emotional, spiritual support, bereavement support for loved ones

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Southlake Regional Health Centre Stronach Regional Cancer Centre Palliative Care In-Patient Unit 596 Davis Dr, E Bldg, Level 6 Newmarket, ON L3Y 2P9 www.southlakeregional.org/cancer	905-895-4521 Ext. 2515	Provides support for in-patients with cancer and their families * services offered include:  Pain and Symptom Management Clinic: provide treatment for symptoms such as pain, shortness of breath and anxiety  Psychosocial Oncology Assessment Clinic: provides rapid assessment of depression anxiety and strategies to cope with illness Individual counseling appointments  Lymphedema Clinic  Group Support Programs: groups for newly diagnosed patients, caregivers, patients with relapsed or advanced cancer * transitions program for those completing their treatment * Mindfulness-Based Stress Reduction * referral to bereavement groups
Salvation Army - Toronto Grace Health Centre Hillcrest Centre 47 Austin Terrace Toronto, ON M5R 1Y8 www.torontograce.org/programs- services/pallative-c	416-925-2251	16-20 bed palliative care unit * 3 ward rooms * 3 private rooms * 2 semi- private rooms * health care and respite services for patients and families requiring pain management or end-of-life care  Patient and Family Services: Individual counselling, Pet therapy, Recreational Therapy, Relaxation and meditation Bereavement Services: Individual counselling, Referral to existing community bereavement supports Respite Services (Paid): Emergency and planned short term, Time- limited (up to 2 weeks) break for families and caregivers
St Michael's Hospital 30 Bond St Toronto, ON M5B 1W8 www.stmichaelshospital.com/program s/palliative	416-864-5226	10 bed palliative care unit * 6 private rooms * 4 semi-private rooms * health care and support services for patients and their families requiring end-of-life care * kitchen * whirlpool bath * laundry facilities * private meeting rooms  Patient and Family Services: Inpatient palliative care consult services, Individual counseling, Pet therapy, Therapeutic touch  Bereavement Services Available: Individual counseling, Referral to existing community bereavement supports

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Sunnybrook Health Sciences Centre 2075 Bayview Ave Toronto, ON M4N 3M5 www.sunnybrook.ca/content/?page=ve terans-palliativ	416-480-6182	21-25 bed palliative care unit * 8 private rooms * 16 semi-private rooms * health care and support services for patients and their families requiring end of life care * kitchen * quiet room * laundry facilities Patient and Family Services: Inpatient palliative care consultation service, Art therapy, Individual counselling, Music therapy, Pet therapy, Recreational therapy  Bereavement Services Available: Individual counselling, Referral to existing community bereavement supports
University Health Network Princess Margaret Cancer Centre 610 University Ave Toronto, ON M5G 2M9 www.uhn.ca/PrincessMargaret/Patien tsFamilies/Clini	416-946-2096	11-15 bed palliative care unit * 10 private rooms * 1 semi-private room * health care and support services for patients and their families requiring pain and symptom management or, end-of-life-care * pain and symptom management * psychosocial and spiritual support * referral to home nursing and palliative care services * advance care planning  Patient and Family Services: Inpatient palliative care consultation services, Palliative care outpatient clinic, Music therapy, Relaxation and meditation, Therapeutic touch
University Health Network Toronto Rehabilitation Institute EW Bickle Centre for Complex Continuing Care 130 Dunn Ave Toronto, ON M6K 2R7 www.uhn.ca/TorontoRehab/PatientsF amilies/Inpatient	416-597-3422 Ext. 2504	10-bed palliative care unit which has 6 private and 3 semi-private rooms * interdisciplinary team that addresses such areas as pain management, symptom control, physical comfort and emotional, psychological and spiritual needs * facilities include a sleeper chair so family member can stay overnight, a shower for families, a family lounge with a television, fridge and microwave and a quiet room