



## SENIORS CONGREGATE DINING – Woodbridge

Congregate Dining – Locations Organizations	Days/Hours of Operation	Fee	Transportation	Details
<b>Carefirst Seniors and Community Services Association</b> <b>905-771-3700</b> 420 Highway 7 E, Suite 104A Richmond Hill, ON L4B 3K2	<b>Friday</b> 10:30 am-1:30 pm	Program Fee: \$10 per person (lunch included)	Can be provided on request	For Chinese Seniors – Wellness Club Fun Gathering – gentle exercise and nutritious hot lunch at every gathering; wellness or health related workshop, community news, indoor or outdoor activities, etc.
	<b>Monday &amp; Thursday</b> 11:00 am – 2:30 pm	Program fee: \$2 per person  Lunch at a Chinese Restaurant (at own cost)		
<b>Carefirst Seniors and Community Services Association</b> Richmond Hill Chinese Baptist Church 136 Hillview Dr Richmond Hill, ON	<b>Tuesday</b> 10:30 am-1:30 pm	Program Fee: \$10 per person (lunch included)		
<b>CHATS-Community Home Assistance to Seniors</b> <a href="http://www.chats.on.ca">www.chats.on.ca</a> <b>905-713-6596/1-877-452-4287</b> 126 Wellington St W, Suite 103 Aurora, ON L4G 2N9	CHATS Diverse Older Adults Outreach Programs promote wellbeing and integration activities for groups of older adults from the following cultural/linguistic groups: Iranian, Russian, Chinese (Cantonese), Italian, South Asian, and Tamil. For Location, hours of operation, fee, transportation and other details please call CHATS.			