



Agency Name	Contact	Description
Community and Home Assistance to Seniors (CHATS) Telephone Reassurance/ Social and Safety Check	905-713-6596 1-877-452-4287	Regular phone calls to check on the health and safety of people who live alone * checks are done by trained and screened volunteers  Offered to CHATS clients
Langar Seva	647-643-9430	Telephone reassurance: Clients who are feeling lonesome or want reassurance from time to time can call our telephone line. Our volunteers also initiate calls to clients who request this service Languages: English; Hindi; Punjabi; Urdu
Victorian Order of Nurses Toronto-York Region	647-788-3180 1-855-285-2991	Phone calls to seniors and people with disabilities who live alone, providing companionship and reassurance
York Regional Municipality of Community and Health Services Security Check	905-895-1231 1-888-256-1112	Regular visits and phone calls to check on the health and safety of people who live alone * screened personnel listen, talk, and help isolated people stay in contact with the outside world Adults 60 years and older with disabilities who live in designated buildings within the York region Interpretation services available