

## SHORT STAY - RESPITE – COMMUNITY

### Etobicoke

Name	Description
<b>CANES Community Care</b> <b>Respite Care</b> 10 Carlson Court, Suite 200 Etobicoke, ON M9W 6L2 <b>416-743-3892</b> <a href="http://www.canes.on.ca/services/respite-care">www.canes.on.ca/services/respite-care</a>	<p>Personal Support Workers help older adults and adults with disabilities so that the family caregiver may have respite from their caregiving duties</p> <p>Offers</p> <ul style="list-style-type: none"> <li>• relief for caregivers</li> <li>• help with the activities of daily living in the client's home (each visits must be minimum of 2 hours in length)</li> <li>• one-time respite visits may be arranged</li> <li>• free home assessment available</li> <li>• companionship</li> </ul> <p>Area Served: Brampton, Mississauga (Malton), Toronto (Etobicoke), and Vaughan (Woodbridge)</p>
<b>CommunitiCare Health</b> 2445 Lake Shore Blvd W Toronto, ON M8V 1C5 <b>416-259-4207 / 1-866-538-9186</b> <a href="http://www.storefronthumber.ca">www.storefronthumber.ca</a>	<p>Respite Care offers in-home, short-term relief for caregivers who are primary care providers to frail and/or disabled older adults who cannot be safely left alone, allowing them free time for other activities</p> <p>Area Served: Toronto (Etobicoke) and East Mississauga Health Sub-Region</p>
<b>Community Living Toronto</b> <b>Respite Choices (Two Locations)</b> <b>1. Lawson Children's Respite</b> 1712 Ellesmere Road, Scarborough 647-729-1657 <b>2. Ennerdale Children's Respite</b> 203 Ennerdale Road, Toronto M6E 4E1 <b>647-729-0447</b> <a href="http://www.cltoronto.ca">www.cltoronto.ca</a>	<p>Community Living Toronto's Respite Choices offers flexible, short-term care and support outside of the home, that can be provided for a few hours, a few days, or up to a week to meet the needs of children (age 2-17) and adults (age 18 and older) with an intellectual disability and/or autism spectrum disorder (ASD) who live in the community with a parent or caregiver. Specialized respite support is also offered to children with autism and people who are deaf or hard of hearing.</p> <p>Area Served: Toronto, Scarborough, Etobicoke or North York</p>

Name	Description
<b>Darling Home for Kids</b> 5657 15th Side Rd Milton, ON L9T 0C8 <b>905-878-7673</b> <a href="http://www.darlinghomeforkids.ca">www.darlinghomeforkids.ca</a>	<p>Hospice care, residential support, respite and palliative care services for children with life-limiting or life-threatening illnesses requiring complex and/or technology dependent care * services can be provided at home, or in hospitals and long-term care homes * has a 12 bed overnight capacity with 6 respite beds, 2 hospice palliative care beds and 4 residential beds</p> <ul style="list-style-type: none"> <li>• respite care (\$25 overnight stay/calendar)</li> <li>• in the respite program, children can stay at the Home for up to a week during peak times * a typical weekend respite stay is 48 hours</li> </ul> <p>Area Served: Dufferin County, Halton Region, Waterloo Region, and Wellington</p>
<b>Etobicoke Services for Seniors</b> <i>Respite for Seniors</i> 48A Rosemount Ave York, ON M9N 3B3 <b>416-243-0127</b> <a href="http://www.essupportservices.ca">www.essupportservices.ca</a>	<p><b>In-home Respite Care:</b> 48A Rosemount Ave, York, ON, M9N 3B3</p> <p>In-home support services to provide caregiver relief for people caring for a loved one * services include personal care, light homemaking, meal preparation and medication assistance, companionship and escort to appointments</p> <p><b>Overnight Respite: 2 locations</b> - 30 Rosemount Ave, York (Toronto), ON, M9N 3B3 and 15 King St York (Toronto), ON, M9N 3X1</p> <p>Short-term overnight respite for caregivers * caring and professional support from Personal Support Workers in a safe, secure and comfortable environment * for older adults and seniors who have memory impairment, chronic illness or physical disability * offers shared dining and living spaces, washrooms and private bedrooms * snacks, meals and recreational/social activities provided</p> <p>Area Served: Etobicoke and area</p>
<b>Evans House</b> 63 Evans Ave Toronto, ON M8Z 1H4 <b>416-247-1569</b> <a href="http://www.evanshouse.ca">www.evanshouse.ca</a>	<p>Multi-service Agency, serving seniors and people with disabilities</p> <p>Services include:</p> <ul style="list-style-type: none"> <li>• respite with 24-hour attendant services</li> <li>• transportation</li> <li>• attendant services and housekeeping</li> <li>• travel arrangement and companions</li> <li>• senior relocation service</li> </ul> <p>Area Served: Brampton, Mississauga, Toronto</p>

Name	Description
<p><b>Holland Bloorview Kids Rehabilitation Hospital</b>  <i>Children with disabilities</i>  150 Kilgour Rd, Toronto, ON M4G 1R8  <b>416-753-6066</b>  <a href="http://www.hollandbloorview.ca">www.hollandbloorview.ca</a></p>	<p>Offers overnight and day services for children from birth to the age of 18 * temporary relief from the physical and emotional demands involved in caring for a child with a disability * includes summer camp and March Break programs</p> <p><b>Day Program (Progression)</b> - Weekend respite on Sundays in the fall, winter, and spring for children and youth who have physical disabilities, with or without developmental delays, and need a high level of support</p> <p><b>Overnight Respite</b> - Short term supports * inpatient care for children with disabilities or complex medical needs from birth to the age of 18</p> <p>Area Served: Toronto</p>
<p><b>Kerry's Place Autism Services</b>  <i>People with Autism Spectrum Disorder</i>  376 Rusholme Rd, Toronto, ON M6K 3J1  <b>416-537-2000</b>  <a href="http://www.kerrysplace.org/Public/Toronto">www.kerrysplace.org/Public/Toronto</a></p>	<p><b>Weekend Day Respite Support (18+years)</b>-Provide respite to families or caregivers, who are supporting an adult at home with a diagnosis of ASD and high support needs. Each group consists of six participants and two staff members, maintaining a supportive 3:1 ratio. Participants can enjoy a mix of social, recreational, and life skills activities both on-site and in the local community. This program is available in Toronto, and families pay just a \$25 user fee per day.</p> <p><b>Toronto Overnight Respite</b>-Provide a deserved break to families or caregivers who are supporting an adult at home who has ASD and high support needs.  For overnight support, the ratio is one staff member for every four participants, ensuring a safe and supportive environment. Cost \$100</p> <p>Area Served: Toronto</p>
<p><b>Levante Living - Etobicoke - Centennial Park Place</b>  25 Centennial Park Rd, Etobicoke  <b>416-621-2139, 647-493-2969</b>  <a href="http://www.levanteliving.com/residences/centennial-park-place/">www.levanteliving.com/residences/centennial-park-place/</a></p>	<p>Retirement Home</p> <p>Provides short stay (i.e. temporary, vacation, convalescent, respite care) when space permits  Basic services include: 24-hour nursing staff, personal care, medication administration, emergency response system, 3 meals a day, housekeeping, social, recreation programs, falls prevention program, restorative recovery program</p> <p>Licensed by the <a href="#">Retirement Homes Regulatory Authority</a></p>
<p><b>Mary Centre</b>  530 Wilson Ave, Ste 210  Toronto, ON M3H 5Y9  <b>416-630-5533</b>  <a href="http://www.marycentre.com">www.marycentre.com</a></p>	<p>Offers short-term respite for people with developmental disability  <b>Out-of-home residential respite</b> at St Bernard's Residence in North York</p> <p>Area Served: Greater Toronto</p>

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<b>Richview Community Care Services - Richview Care Centre - Short Stay Transitional Beds</b> 1540 Kipling Ave, Etobicoke <b>647-344-2734</b> <a href="http://www.richviewccs.ca">www.richviewccs.ca</a>	Two bedroom apartment unit, for older adults needing short stay accommodation (5-30 days) with personal support * a PSW is assigned to the apartment 14 hours a day between 8am-10pm to assist with activities of daily living * overnight visits provided on a scheduled basis * clients who come to stay are transitioning out of the hospital, are waiting in the community for a Long Term Care Bed or are community clients requiring short term personal care support * accommodation is not a locked-in unit * priority given to Individuals residing in Home and Community Care Support Services Central West Area Served: Brampton, Caledon, Mississauga (Malton), Toronto (Etobicoke), Vaughan (Woodbridge), and Durham County
<b>SE Health - Central West - Mississauga Office - Home Care Respite for All</b> 6745 Century Ave, Suite 5 Mississauga, ON L5N 1V9 <b>905-826-0854 / 1-855-665-7004 (1-855-ASK-ELIZ) or 1-866-731-9257</b> <a href="http://www.sehc.com">www.sehc.com</a>	Pilot project led by SE Health and Greenshield Cares, for working caregivers (working at least 30hrs/week) can access 10 hours of free, home-based respite care (companionship, personal care, or help around the house) * <b>pilot runs until January 2026</b> * complete <a href="#">online form</a> to apply In addition, Greenshield offers five hours of free, confidential virtual counselling and one-year complimentary subscription to Digital Cognitive Behavior Therapy to program participants Area Served: Ontario
<b>Seniors for Seniors - Toronto</b> 2 Bloor St E, Suite 2400 Toronto, ON, M4W 1A8 <b>416-481-2733</b> <a href="http://www.seniorsforseniors.ca">www.seniorsforseniors.ca</a>	Non-medical home care agency * live-in/ overnight caregiving * homemaking * drop-in companions * personal care * Alzheimer's and dementia care * respite care * home cleaning * handypersons * services are available to seniors in their personal residence, retirement residence, long term care home residence or hospital Area Served: Toronto
<b>VHA Home HealthCare</b> 30 Soudan Ave, Suite 600 Toronto, ON M4S 1V6 <b>416-489-2500 / 1-888-314-6622</b> <a href="http://www.vha.ca">www.vha.ca</a>	<b>Respite and Renew: Caregiver Support</b> Short-term in-home respite for caregivers in need of support and relief from caring for a senior (55+) living with dementia. A trained PSW recreationist will provide in-home recreation activities to boost their physical and mental well-being while the caregiver receives a much-needed break to attend to their own self-care needs. <b>This program is based on the Butterfly™ Model, which focuses on the belief that a feelings-based approach will allow dementia client to thrive.</b> Eligibility: Any family member in a "High Level" caregiving role, in a low-income household, and no other in-home respite supports Area Served: City of Toronto and Region of Peel

Check the link below for respite resources through PSW Agencies – [centralwesthealthline.ca](http://centralwesthealthline.ca)

[In-Home Personal Support](#)