

SHORT STAY - RESPITE – COMMUNITY Woodbridge

Name	Description
Aspira Villa Da Vinci Retirement Living 7371 Martin Grove Rd Woodbridge, ON L4L 9N2 905-264-9119 www.aspiralife.ca/our-locations/ontario/vaughan/aspira-villa-da-vinci-retirement-living/	Retirement Home <ul style="list-style-type: none"> • short-term respite care to seniors Licensed by the Retirement Homes Regulatory Authority
CANES Community Care Respite Care 10 Carlson Court, Suite 200 Etobicoke, ON M9W 6L2 416-743-3892 www.canes.on.ca/services/respice-care	Personal Support Workers help older adults and adults with disabilities so that the family caregiver may have respite from their caregiving duties <p>Offers</p> <ul style="list-style-type: none"> • relief for caregivers • help with the activities of daily living in the client's home (each visits must be minimum of 2 hours in length) • one-time respite visits may be arranged • free home assessment available • companionship • Area Served: Brampton, Mississauga (Malton), Toronto (Etobicoke), and Vaughan (Woodbridge)
CHATS - Community and Home Assistance to Seniors 240 Edward St, Suite 1 Aurora, ON L4G 3S9 905-713-6596 / 1-877-452-4287 www.chats.on.ca	Temporary relief for caregivers of adults 55 years and older who are unable to attend to daily activities without the assistance or supervision of a caregiver * personal support workers help with the activities of daily living in the client's home For adults 55 years and older who are unable to attend to daily activities without the assistance or supervision of a caregiver Area Served: York Region, Simcoe

Name	Description
Elqueena Support Services 209 Henderson Ave Thornhill, ON L3T 2L8 905-597-8354 elqueena.com	<ul style="list-style-type: none"> • 24hr Home Respite Care - provides overnight respite care in a family environment, from one-night visits to permanent placements • Seniors In-Home Services - offers relief to primary caregivers both in or outside of the individual's home Area Served: York Region
FirstLight Home Care - Vaughan 905-252-9542 www.firstlighthomecare.ca	Private home care company offering <ul style="list-style-type: none"> • respite care Area Served: Bolton, Markham (Thornhill), Vaughan (Kleinburg, Thornhill), Aurora, King, Markham, Richmond Hill, Vaughan, and York Region
Home Instead - Richmond Hill and Vaughan 9555 Yonge Street, Suite 202 Richmond Hill, ON L4C 9M5 905-597-4757 / 1-844-811-4757 www.homeinstead.com/3038	Services for aging adults throughout York Region, including Richmond Hill, Vaughan communities of Concord and Maple, Thornhill, Markham, Stouffville and King City <ul style="list-style-type: none"> • live-in care Area Served: York Region
Mary Centre 530 Wilson Ave, Ste 210 Toronto, ON M3H 5Y9 416-630-5533 www.marycentre.com	Offers short-term respite for people with developmental disability Out-of-home residential respite at St Bernard's Residence in North York Area Served: Greater Toronto
Memory and Company - Respite Hotels and Premium Day Programs - Markham Club - Respite Resort 100 Renfrew Dr, Suite 110 Markham, ON L3R 9R6 905-888-8808 www.memoryandcompany.com	Overnight respite * temporary relief for caregivers of older adults living with memory loss * overnight stays include access to our day program , private bedroom, nursing support, meals, and personalized care; all in a safe and secure environment designed for ease-of-use for those living with memory loss Licensed by the Retirement Homes Regulatory Authority

Name	Description
<p>Regional Municipality of York Community and Health Services Long-Term Care Branch Short Stay Respite Program 194 Eagle St Newmarket, ON L3Y 1J6 www.york.ca/health/seniors-services/long-term-care-homes</p>	<p>Temporary relief for caregivers of older adults and adults with disabilities * services provided:</p> <ul style="list-style-type: none"> • homemaking • personal care • light housekeeping • attendant care • health monitoring <p>Overnight respite care for vulnerable at-risk adults * short stay beds are available for seniors and adults with disabilities to use while their regular caregivers are on vacation or need a rest * services provided:</p> <ul style="list-style-type: none"> • accommodation • meals • assistance with the activities of daily living • health monitoring <p>Area Served: York Region</p>
<p>Renoir by Cogir 270 Doak Lane Newmarket, ON L3Y 0A5 905-853-6400 / 1-877-929-9222 www.cogirseniorliving.ca/retirement-home-newmarket-ontario/the-renoir</p>	<p>Retirement Residence * 3 levels of care * independent living * assisted living * secure memory care</p> <ul style="list-style-type: none"> • respite stays available minimum 30 days
<p>SE Health - Central West - Mississauga Office - Home Care Respite for ALL 6745 Century Ave, Suite 5 Mississauga, ON L5N 1V9 905-826-0854 / 1-855-665-7004 (1-855-ASK-ELIZ) or 1-866-731-9257 www.sehc.com</p>	<p>Pilot project led by SE Health and Greenshield Cares, for working caregivers (working at least 30hrs/week) can access 10 hours of free, home-based respite care (companionship, personal care, or help around the house) * pilot runs until January 2026 * complete online form to apply</p> <p>In addition, Greenshield offers five hours of free, confidential virtual counselling and one-year complimentary subscription to Digital Cognitive Behavior Therapy to program participants</p> <p>Area Served: Ontario</p>

Name	Description
Sunrise Senior Living of Aurora 3 Golf Links Dr Aurora, ON L4G 7Y4 905-841-0022 www.sunriseseniorliving.com	Retirement Home <ul style="list-style-type: none"> • short-term respite care to seniors Licensed by the Retirement Homes Regulatory Authority

Click the link below for respite resources through PSW Agencies – centralwesthealthline.ca
[In-Home Personal Support](#)