

SHORT STAY - RESPITE – COMMUNITY Woodbridge

Name	Description
Aspira Villa Da Vinci Retirement Living 7371 Martin Grove Rd Woodbridge, ON L4L 9N2 905-264-9119 www.aspiralife.ca/our-locations/ontario/vaughan/aspira-villa-da-vinci-retirement-living/	<p>Retirement Home</p> <ul style="list-style-type: none"> short-term respite care to seniors <p>Licensed by the Retirement Homes Regulatory Authority</p>
CANES Community Care Respite Care 10 Carlson Court, Suite 200 Etobicoke, ON M9W 6L2 416-743-3892 www.canes.on.ca/services/respite-care	<p>Personal Support Workers help older adults and adults with disabilities so that the family caregiver may have respite from their caregiving duties</p> <p>Offers</p> <ul style="list-style-type: none"> relief for caregivers help with the activities of daily living in the client's home (each visits must be minimum of 2 hours in length) one-time respite visits may be arranged free home assessment available companionship <p>Area Served: Brampton, Mississauga (Malton), Toronto (Etobicoke), and Vaughan (Woodbridge)</p>
CHATS - Community and Home Assistance to Seniors 240 Edward St, Suite 1 Aurora, ON L4G 3S9 905-713-6596 / 1-877-452-4287 www.chats.on.ca	<p>Temporary relief for caregivers of adults 55 years and older who are unable to attend to daily activities without the assistance or supervision of a caregiver * personal support workers help with the activities of daily living in the client's home</p> <p>For adults 55 years and older who are unable to attend to daily activities without the assistance or supervision of a caregiver</p> <p>Area Served: York Region, Simcoe</p>

Name	Description
Elqueena Support Services 209 Henderson Ave Thornhill, ON L3T 2L8 905-597-8354 elqueena.com	<ul style="list-style-type: none"> 24hr Home Respite Care - provides overnight respite care in a family environment, from one-night visits to permanent placements Seniors In-Home Services - offers relief to primary caregivers both in or outside of the individual's home <p>Area Served: York Region</p>
FirstLight Home Care - Vaughan 905-252-9542 www.firstlighthomecare.ca	Private home care company offering <ul style="list-style-type: none"> respite care <p>Area Served: Bolton, Markham (Thornhill), Vaughan (Kleinburg, Thornhill), Aurora, King, Markham, Richmond Hill, Vaughan, and York Region</p>
Home Instead - Richmond Hill and Vaughan 9555 Yonge Street, Suite 202 Richmond Hill, ON L4C 9M5 905-597-4757 / 1-844-811-4757 www.homeinstead.com/3038	Services for aging adults throughout York Region, including Richmond Hill, Vaughan communities of Concord and Maple, Thornhill, Markham, Stouffville and King City <ul style="list-style-type: none"> live-in care <p>Area Served: York Region</p>
Mary Centre 530 Wilson Ave, Ste 210 Toronto, ON M3H 5Y9 416-630-5533 www.marycentre.com	Offers short-term respite for people with developmental disability Out-of-home residential respite at St Bernard's Residence in North York <p>Area Served: Greater Toronto</p>
Memory and Company - Respite Hotels and Premium Day Programs - Markham Club - Respite Resort 100 Renfrew Dr, Suite 110 Markham, ON L3R 9R6 905-888-8808 www.memoryandcompany.com	Overnight respite * temporary relief for caregivers of older adults living with memory loss * overnight stays include access to our day program , private bedroom, nursing support, meals, and personalized care; all in a safe and secure environment designed for ease-of-use for those living with memory loss <p>Licensed by the Retirement Homes Regulatory Authority</p>

Name	Description
Regional Municipality of York Community and Health Services Long-Term Care Branch Short Stay Respite Program 194 Eagle St Newmarket, ON L3Y 1J6 www.york.ca/health/seniors-services/long-term-care-homes	<p>Temporary relief for caregivers of older adults and adults with disabilities * services provided:</p> <ul style="list-style-type: none"> • homemaking • personal care • light housekeeping • attendant care • health monitoring <p>Overnight respite care for vulnerable at-risk adults * short stay beds are available for seniors and adults with disabilities to use while their regular caregivers are on vacation or need a rest * services provided:</p> <ul style="list-style-type: none"> • accommodation • meals • assistance with the activities of daily living • health monitoring <p>Area Served: York Region</p>
Renoir by Cogir 270 Doak Lane Newmarket, ON L3Y 0A5 905-853-6400 / 1-877-929-9222 www.cogirseniorliving.ca/retirement-home-newmarket-ontario/the-renoir	<p>Retirement Residence * 3 levels of care * independent living * assisted living * secure memory care</p> <ul style="list-style-type: none"> • respite stays available minimum 30 days
SE Health - Central West - Mississauga Office - Home Care Respite for ALL 6745 Century Ave, Suite 5 Mississauga, ON L5N 1V9 905-826-0854 / 1-855-665-7004 (1-855-ASK-ELIZ) or 1-866-731-9257 www.sehc.com	<p>Pilot project led by SE Health and Greenshield Cares, for working caregivers (working at least 30hrs/week) can access 10 hours of free, home-based respite care (companionship, personal care, or help around the house) * pilot runs until January 2026 * complete online form to apply</p> <p>In addition, Greenshield offers five hours of free, confidential virtual counselling and one-year complimentary subscription to Digital Cognitive Behavior Therapy to program participants</p> <p>Area Served: Ontario</p>

Name	Description
Sunrise Senior Living of Aurora 3 Golf Links Dr Aurora, ON L4G 7Y4 905-841-0022 www.sunriseseniorliving.com	<p>Retirement Home</p> <ul style="list-style-type: none"> • short-term respite care to seniors <p>Licensed by the Retirement Homes Regulatory Authority</p>

Click the link below for respite resources through PSW Agencies – [centralwesthealthline.ca](#)
[In-Home Personal Support](#)